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SEPT 2015

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UNDER
35

REPORT

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The making
of 2015's most
intense movie

GROOMIN'

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GANDY

has some
tips for you

DAMIAN DE ALLENDE PHOTOGRAPHED
BY GAVIN KLEINSCHMIDT



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A man with short brown hair and light-colored eyes is sitting on a dark, textured wall. He is wearing a tan, double-breasted coat over a dark turtleneck sweater and dark trousers. He is looking directly at the camera with a serious expression. The lighting is dramatic, highlighting the texture of the wall and the man's features.

BOSS
HUGO BOSS



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The Springbok midfielders at RWC 2015 are looking sharp

TO BREAK THE RULES,
YOU MUST FIRST MASTER
THEM.

THE VALLÉE DE JOUX. FOR MILLENNIA A HARSH,
UNYIELDING ENVIRONMENT; AND SINCE 1875 THE
HOME OF AUDEMARS PIGUET, IN THE VILLAGE OF LE
BRASSUS. THE EARLY WATCHMAKERS WERE
SHAPED HERE, IN AWE OF THE FORCE OF NATURE
YET DRIVEN TO MASTER ITS MYSTERIES THROUGH
THE COMPLEX MECHANICS OF THEIR CRAFT. STILL
TODAY THIS PIONEERING SPIRIT INSPIRES US TO
CONSTANTLY CHALLENGE THE CONVENTIONS OF
FINE WATCHMAKING.



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PHOTOGRAPH BY TRAVYS OWEN



GQ GUIDE

Spring trend guide - time to upgrade your wardrobe

STYLE TIPS

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DETAIL:
HEAR FROM
**35 COOL
GUYS
UNDER 35**

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GQ Letter FROM THE Editor



Here we go, again

YOU WOULD HAVE HEARD A LOT ABOUT GAME CHANGERS, DISRUPTERS, VISIONARIES ENSOVOORTS -

well, the men featured in this issue couldn't care less if you call them by those well-worn labels. They don't have time for such nonsense because they're getting on with whatever it is they're doing, shaking up their particular field, without too much fuss. We call them Cool Guys, and they're okay with that. You can find them on p49.

You and I are going to be spending a beaucoup amount of money again soon. This time it's to help start up a bank with the Chinese, Russians, Indians and Brazilians. When I last looked, Greece had been invited too. It should be a great party. An initial \$5 billion, a good part of our foreign exchange reserves, will get us into the game. Over ten years this will double. Where's the money for this startup coming from? No one knows. There's not much left anymore - it's been stolen and squandered. At a time when youth unemployment is hitting 35 per cent and prospects are bleak, this is brilliantly bad timing. But there's more - the first act of the nuclear power follies will make this seem like small beer change. For some sanity, read Arthur Attwell's life lesson: 'Why I won't start another startup' (p63).



P. 82

Rugby is something we're still quite good at, having won a World Cup or two. So when another comes around, the nation goes through a bout of fresh optimism - or madness. So here goes: a third trophy is ours if: (a) the selectors get it right; (b) the refs get it right; (c) we don't play New Zealand (unless it's in the final - they've never beaten us in a final). With legends like Jean, Victor and Schalk there to give Damian, Jesse and Lwazi tips on rugby's dark arts, hope springs eternal. We shall see. Five Springboks were tackled for this issue, none of us were hurt. The results can be seen on p82. Bokke!

Craig Tyson

Editor, South Africa's most stylish men's magazine



GQ - 15 YEARS:
September 2000
Cover no. 9

Kerry McGregor is at home in her bikini on the beach

Get advice from our 35 Cool Guys at GQ.co.za

Contributors



Yuri Sardenberg

Photographer

Pages 78 - 81

Sardenberg's career began when he was 11, spending his days shooting on the Barra da Tijuca beach in Brazil. After studying art history and sculpture in Florence, he trained in Milan as Paolo Santambrogio's assistant. He has since contributed to GQ, Playboy, L'Officiel and Vogue, as well as local Brazilian magazines.



Gavin Kleinschmidt

Photographer

Pages 82 - 86

Kleinschmidt is a fashion and advertising photographer, born and based in Cape Town, with a love for classic cars, bikes and the beach. He says his images aim to draw the reader in and keep them there, and this month he captures some of the Springbok players you'll be watching.



Hugo Rifkind

Writer

Page 75

Hugo Rifkind is an author and journalist from Edinburgh, who lives in London and writes mainly for The Times. For a while, a few years ago, he called Cape Town home. It was nicer than London, he thought, so he hopes you're taking good care of it. In this issue, he speaks of his pet hate for corporate bullshit.



Grant Shub

Sports Writer

Pages 82 - 86

Degreed in English and media studies from UCT, Shub is a Cape Town-based writer with a passion for sport. Since contributing to GQ in 2010, Shub has found himself hanging up his boots and picking up his pen, as he further explores new outlets through sports journalism.

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GO ON THEN, SEND US A HAND-WRITTEN LETTER: GQ FEEDBACK, PO BOX 16414, VLAEBERG, 8018 Include your contact details

To-do list: Put your wallet on a diet

That bulge in your pocket is as bad for your suit line as it is for your first impression. Here's how to slim things down.



1. Rationalise the load.

Forget membership passes – your name and address will usually suffice. Take out those cards you never, ever use.



2. Retire your current equipment.

Basics first: get a wallet that's less bulky. Matblac's Quickdraw has the ideal BMI.



3. Let apps take the strain.

Photograph receipts with Shoeboxed and collect business cards digitally with Scannable – both free on iOS.



THE WANTED WARLORD DEBACLE

Dear GQ,

Pundits predicted voter apathy in last year's national general election. We registered a slight dip between the registration versus the actual turn out. The economy all but took a step back. Politicians, as they do, blew hot air. We huffed and puffed. Recently the well-orchestrated AU conference didn't go belly up when a wanted fugitive exited South Africa quickly. Twitter went berserk, asking 'Have You Seen Bashir?' My favourite: 'Has anyone thought to check the firepool?' Alas, he wasn't at the homestead. No. He was about to take off at our other hang out spot/reception area, Waterkloof Air Force Base. Your July 2013 GQ Report painted a harrowing picture of war atrocities in the Sudan. George Clooney and company shone a spotlight on the massacres using satellite imagery, thereby creating 'a paparazzi for warlords'. Still, our authorities failed to nab Omar al-Bashir.

– Mzwandile Mangaliso

Instagram Access

This month's behind-the-pages.
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Touch, pause...

Photographer Gavin Kleinschmidt lines up a few of the Springboks at Newlands Stadium.



Road runner

Creative Director Aiden Steenkamp gets to the top of the hill in a Bentley Continental GT.



First off the mark

Dieter Losskarn goes from motoring editor to track racer at the Jaguar Simola Hillclimb in Knysna.



SA Menswear Week

Smartphones? Check. Tickets? Check check. GQ sits front row at the second showcase for local design talent.

The issue by numbers

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TO ENTER

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GQ Essentials

Everything you need to know this month: **TRENDING** • **GROOMING** • **TECHNOLOGY**
• **DESTINATION** • **TASTE** • **MOVIES** • **MUSIC** • **BOOKS** • **GAMES**

Triple treat

What is **Zoë Kravitz** doing right now? She's touring the US with her ultra-hip band, blowing up Instagram with her ultra-hip friends, and starring in the year's most intense movie...

Words by **Mark Byrne**. Photograph by **Steven Pan**

It's interesting that we've come to a place where people are expected to just do one thing,' says Zoë Kravitz, one day when she is very much not doing just one thing. The 26-year-old model-actress-musician is holding court in a room at Brooklyn's Wythe Hotel, T-minus three hours from her band's first hometown show after two weeks on the road. It is not entirely clear what she is promoting today.

Which makes sense. In 2015 alone, Kravitz has appeared in the second

instalment of the *Divergent* trilogy (she wears black and beats people up), in the completely insane *Mad Max* revival (wears white; same, see more on page 94), and as the unattainable love interest in the Sundance hit *Dope* with Chanel Iman. That's on top of touring the country with her band, Lolawolf, and sharing the stage with John Legend and Azealia Banks.

'You used to have to be a triple threat to make it in Hollywood,' says Kravitz. 'Think about Gene Kelly and everyone. You used

to have to sing, you used to have to dance. You were an entertainer.'

Kravitz couldn't have a better role model for that than her father, Lenny, whose triple threat is musician/actor/mesh-wearing sex icon. But she's put her own generational spin on the family trade: she isn't just a model; she's proficient in the kind of Instagram-based self-promotion that eludes most people over 20 years old. And she doesn't just play music; she plays in an indie band – a function, she'll admit,

HAIR: NIKKI NELMS. MAKEUP: TRACY MURPHY FOR LASH STAR BEAUTY



Find out how
to date Zoë at
GQ.co.za


'You used to have to be a triple threat to make it in Hollywood. You used to have to sing, you used to have to dance. You were an entertainer'

of choice – that she tours with relentlessly. Today, she's fresh off fourteen days of sharing a tour bus with nine dudes.

'It's so much work,' she says. 'But let's be real: I'm not doing this for the money.' Kravitz, it should be said, is not shy about the privilege that comes with being the daughter of Lenny Kravitz and Lisa Bonet. She could get a major record deal. She could – let's be realer – do nothing at all. But she knows how the world looks down on people who trade on status they didn't

earn. She also has a sixth sense for cool. I catch a glimpse of the constellation of tattoos that runs from her fingers into the drapery sleeves of her robe-like shirt, the kind of random assortment of shapes (a moon, a tape cassette) that would look affected on anyone else. She knows how to walk this walk. She didn't invent it, but you could say she has it in her DNA.

Three hours later, Kravitz marches out in front of a sold-out crowd at Brooklyn's Music Hall of Williamsburg. The place is

packed by the start of Lolawolf's set. Onstage, she wears the same thing she had on that afternoon – no dramatic pre-show costume change, no stage-specific getup. Here in front of her adoring Brooklyn countrymen, Everyday Zoë works fine. It is both the truth and the product. 'What's going on, y'all?' she says, and they scream, and then the beat starts, and Kravitz, mic in hand, dances around the glowing stage like the music coming through the speakers is being played only for her. 

SET DESIGN: TODD WIGGINS AND KATE LANDUCCI FOR MARY HOWARD STUDIO

Flying colours

2015 takes us to fresh places with a palette of earthy undertones

Words by Jason Alexander Basson

We're done with insipid brights and fussy florals. 2015 finds us somewhere between pastel and brute nature, offering an array of deep tones and natural hues with a slight hint of far-off places and a dusting of the French Provence. You can expect to see relaxed, foundational earth tones with a decidedly masculine feel, like sandstone, titanium, toasted almond, marsala and glacier gray, paired against rustic shades of treetop green, lavender herb and classic or dusk blues. It's cool, outdoorsy and totally uncontrived. **GQ**



RetroSuperFuture at 101 Designs
sunglasses R2 999



Skagen at S Keren
watch R2 999



River Island
blazer R1 749



Ted Baker
trousers R1 299



Pringle of Scotland
hat R499



See how
spring happened
on the runway
at **GQ.co.za**



Ted Baker belt R499



Markham
T-shirt R150



Tumi bag R9 499



Dune London
sandals R1 000

LUKE TREADAWAY PHOTOGRAPHED BY ALBERT WATSON



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Flower power

Meet your new best buds

Words by Paul Sephton

While you might see yourself as a woody, spicy, aqua kind of guy, nearly every scent has one common denominator: florals. Kings even used to stuff their sleeves with blossoms to create a royal air. For modern monarchs, subtle notes like lavender or orange blossom will balance out heavier bases. **GQ**



1. Karl Lagerfeld Man 30ml R695 2. Calvin Klein Dark Obsession 125ml R885 3. Dior Homme Parfum 75ml R1560
4. Tom Ford Black Orchid 30ml R845 5. Jimmy Choo Man 100ml R995 6. Santa Maria Novella Zagare 100ml R1 300



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Fight or flight

The radio-controlled **Starmax F-117** is ready for takeoff

Words by **Jeremy White**

This foam-structured radio-

controlled plane is modelled on the iconic Lockheed F-117 Nighthawk. Although not radar-stealthy like its full-size counterpart, it shares the same eye-catching looks and is resilient enough to take the occasional crash landing. With a 724mm wingspan, and weighing 980g, it's surprisingly acrobatic – but perform the legendary 'Cobra Manoeuvre' at your own risk.

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LENGTH: 1100mm



The Starmax can be launched by hand, and retractable landing gear ensures a smooth touchdown. **Watch the Nighthawk in action at GQ.co.za**



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SPRING G BREAK AK

GQ's ABCs
of head-to-
toe style
for the
new-season
warm up

*Words and
Photographs by
Jason Alexander
Basson*



STATEMENT OF INTENT

Make some noise and show us that you still have a pulse. As winter loosens its grip, you can start playing with all those heart-racing shades, but there is a method to the colour-wheel madness that requires some adherence.



Your key piece is a bright, plain, coral-coloured coat. It's a statement piece, so it should be loud. We recommend a warm tone.

Ben Sherman coat
R2 800. **Trenery**
sweatshirt R649



Bring in faded jeans and other pale separates to give the bright coat some breathing room. The cool tones of your outfit should also play off against the colour of the coat.

GAP at Stuttafords
jeans R900



Tone down the brightness of the look by introducing some classic items, like a brogue shoe, as this reads a bit more seriously.

RetroSuperFuture
at 101 Designs
sunglasses R3 099.
Frederique Constant
at Picot & Moss watch
R50 995. **Country
Road** shoes R1 399.
Ted Baker bag R1 600



**SUIT ON THE GO**

Brush away some of the sartorial cobwebs in your life. Sure, a suit has to be smart, but it doesn't have to be the death of the party to get the job done.

Here's how you can get some power and play out of yours.

A

As we head towards warmer months, it's obviously better to opt for lightweight suiting in more breathable fabrics. A plain weave in a neutral grey will allow you to play with a few subtle print and colour options when it comes to your shirts.

Ben Sherman blazer
R4 000, trousers
R1 800, shirt R1 200

Put a pair of formal shoes in your backpack, but keep your toes (and friends) smiling in sneakers

B

Add a bolt of electric youth to your suit in tiny measures of colour. The easiest and most respectable place to start: your watch.

Adidas at S Keren
watch R2 399

C

Running late or heading out for after work drinks? Sneakers are a stylish and practical addition to any suit, for cycling, dancing and showing off. Put a pair of formal shoes in your backpack, but keep your toes (and friends) smiling in sneakers.

Asics sneakers R1 499





EASY ACCESS

Every man needs a go-to formula for an outfit that is suitable for most occasions and easy to assemble. Call it your five-a-day: a bomber, shirt, sports watch, chinos and Stan Smiths.

A

Florals immediately evoke a sense of youth, romance and euphoria, but the darker the floral the more masculine it appears. Combine these with other hints of print to add interest - some more serious (like a check) and others less so (a pop print).

GAP at Stuttafords shirt R699. **Ted Baker** belt R600

B

When picking a jacket go for a classic shape like this one, but modernise it by choosing an uncharacteristic colour that instantly adds more personality to your look.

Ben Sherman jacket R1 800. **Country Road** shorts R599

C

It's time to get your legs out, fellas! Even SA Menswear Week was a showcase of shorts, so make sure you've got something classic that can be worn preppy, casual or smart casual.

Toe Porn socks R90. **Trenery** sneakers R999

Make sure you've got something classic that can be worn preppy, casual or smart casual

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If it's too cold for shorts, get that classic style in the form of a chino, which also makes for a great alternative to a pair of jeans



CLASH MEETS CLASSIC

Preppy doesn't have to be a stiff affair. Breathe new life into the classics by updating them with modern details and by bringing in some whimsical elements to counterbalance the more traditional ones.

B

A bomber or blouson jacket is perhaps the most essential part of this look and will determine if you're going classic, retro, street or futuristic.

Trenery jacket R2 999

C

If it's too cold for shorts you can still get that classic style in the form of chinos, which also make for a great alternative to a pair of jeans. Update the classic shape by going for a coral tone or another bright option. **GQ**

Ted Baker trousers R1 300. **Adidas** Stan Smith sneakers R1 170

A

Hit the streets in cult classics that make a strong visual link between the rest of your outfit and street culture. A Converse T-shirt is a great example, but it can easily be swapped out for one of your older tees. It's street casual.

Converse T-shirt R280. **Trenery** belt R499. **Swatch** watch R855

Restyle each look in four new ways at **GQ.co.za**



G-STAR RAW

J E A N S



how do you wear yours? g-star.com

Forward to the stone age

Marble gets more monumental with an injection of tech

Words by Henry Farrar-Hockley

SPEAKERS

ANDERSON STONE

Hand-shaped from reclaimed marble (or slate or limestone), no two pairs are identical. Two configurations are available: a two-way design built around Seas Excel bass/mid-range and tweeter drivers, and a three-way setup engineered to provide a more substantial bass response for larger rooms. The clean lines deliver a transparent point source signal and superb stereo imaging. **Price on request,** andersonspeakers.co.uk



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SPEAKER

**SONOLITH SPEAKER,
BY JOE PAINE, ROSS DRAKES
AND RICHARD JENKS**

Designed by South African Joe Paine, this speaker forms part of the trio's Sonolith – an out-of-the-box audio system and turntable, made from white Carrara marble and American ash wood, emphasising both sound quality and aesthetics. joepaine.com



The digits are raised to give the face a 3-D feel



TIMEPIECE

**GIULIANO MAZZUOLI
CARRARA**

Referencing its creator's Florentine roots, the marble case on the chronograph is hewn from the same stone as Michelangelo's David – the grey-veined marble from Carrara in the Apuan Alps, 100 kilometres from Florence. The case is bonded to a metal ring to improve its durability, before the precision Swiss movement and stopwatch complication are installed. A matching white rubber band has been inlaid in the crown to make it simpler to grip and wind. **R97 000**, giulianomazzuoli.it

See stone in fashion and interiors at GQ.co.za

OVERHEAD LIGHTING

**LEE BROOM
CHAMBER
PENDANT LAMP**

Part of the British designer's Nouveau Rebel collection (named in reference to the changing perception of marble as a contemporary design material), Broom's 260mm-tall Chamber pendant has a sculpted Carrara marble diffuser encased in a lead crystal cylinder. It is intended to be suspended either individually or in clusters, and is available in multiple sizes and forms. leebroom.com



PHONE CHARGER

ORÉE PEBBLE 2

This second-generation Qi smartphone charger, in white Carrara, seamlessly tops up a range of Android handsets. New to this design are an integrated, omnidirectional full-duplex microphone and CSR Audio Bluetooth-enabled speaker for interference-free voice calls and music playback. **From R2 900**, oreeartisans.com

iOS phones need an additional power 'sleeve'





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ORLEBAR BROWN

Most tourists to Mexico never make it past the chlorine-pooled mega-resorts of Cancún. The place is like Margate on steroids – an awful distortion of how beautiful and diverse Mexico really is. But Cancún is where we must start, and we do so by leaving for Merida, the main city in the Yucatán, southeast Mexico, a three-hour drive through miles of tropical woodland that looks like the Natal coast. At one small village along the coast we find Hacienda Sac Chich, set in the jungle. Casa de Máquinas dates back to

1850 and has been lovingly restored by the owners. They've kept the trademarks of the hacienda, like the tall arches and high ceilings, and added modern pieces of furniture and handmade throws. It's incredibly grand and, in my stereotypical opinion, could be mistaken for the home of a cocaine baron. Over a beer on the rooftop I decide to tape the sounds of the jungle birds on my phone, so when next I'm stuck in traffic or dealing with an incompetent human, I can remind myself of what tranquillity sounds like.

We take a hazardous trip by motorbike taxi to see the cenotes (sinkholes), which, once sacred to the Mayans, are now used as swimming holes for locals. All of the

cenotes require you to climb down a long ladder to get in, but while some are large and open, others are covered and have little natural light. They are surreal. The clear, still pools of water, surrounded by rock and roots, range from deep navy blue to turquoise. My partner takes the phone – with all our pictures and bird sounds on it – for a swim, but I come to the conclusion that no photos can do the cenotes justice anyway.

The next day is spent in the beautiful city of Merida, which feels like it hasn't changed in a hundred years. We lunch at Apoala, in the pretty Santa Lucía Park, which serves traditional Yucatán cuisine with a contemporary twist, such as squash blossoms stuffed with Oaxaca cheese and tuna ceviche. I order a mescal cocktail which arrives with a piece of flaming rosemary. I decide it is the best cocktail I've ever had. La Negrita, a bar which one enters through wooden swing doors, is cool enough for you to think some Woodstock hipster may have been involved, but gritty and authentic enough to know that that's not the case. >>

South of the border

Magical Mexico

Mary Holland finds the old-world wonders of Yucatán to her liking – also, the beaches and mescal cocktails



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Threads of history



La Negrita



Hacienda Temozon

My next stop is Hacienda Temozon, a plantation turned five-star hotel. The rooms are airy, with high ceilings, beautiful tiling and old wooden shutters. A long, grand veranda runs along the front and overlooks the pristine grounds. The Luxury Collection owns a few such haciendas in the area, including Hacienda San Jose. It's a peaceful place with old, colourful buildings and a wild garden that reflects the surrounding area. While most people use the hotel as a rest stop for exploring nearby attractions, I go straight for the pool, surrounded by wild jungle and semi-covered by a *palapa*, from where hammocks hang. I claim one, grab a beer, and don't move until dinner.

The coastal town of Tulum, in Quintana Roo, has brilliant white beaches. We find a small boutique hotel, Jashita, at Soliman Bay, and stay in the best room in the hotel. It's so fancy that every time a member of staff asks for the room number they raise their eyebrows. The Aphrodite Suite has a private upper deck and plunge pool overlooking the bay. After spending the morning kayaking and trying out just

Before the Yucatán was conquered by the Spanish, it was one of the most populated Mayan areas in Mexico. It is home to a number of grand haciendas that were built by wealthy Spaniards between the 1500s and 1900s. After the discovery of sisal, the fibre used to make rope and twine, many of these haciendas became high-production factories, but once nylon was invented in the mid-1900s, the haciendas became obsolete. Many of them are abandoned, while others have been turned into museums or lodgings.



The oldest city of gold

Once one of the richest cities in the world, Merida's streets are lined with colourful Spanish colonial buildings, many of which are built from rocks from ancient Mayan ruins that the Spanish pillaged way back when.

I order a mescal cocktail, which arrives with a piece of flaming rosemary. I decide it is the best cocktail I've ever had

about every other water activity the hotel has to offer, we make our way to Chamico's, a local taco joint down the beach. Chamico's is the kind of restaurant my holiday-lunch dreams are made of. Plastic chairs and tables are set randomly in the sand among the palm trees overlooking the bay; the food is cooked in a makeshift kitchen on the beach.

Hotel Esencia between Cancun and Tulum, just outside Playa Del Carmen is getting a '50s-style makeover by the new owner. This is the kind of beach destination you only see in high-end travel magazines, and as a backdrop in the Corona ads. The finest details have been considered, from the set playlists on your personal iPod that's connected to speakers throughout your room, to the menu design in the restaurant. The only time we move from the beach is to take a swim in one of the two pools, or when we roll up to the restaurant for lunch.

Sitting at the airport in Cancún, aiting for our flight out among a bunch of tanned tourists and hungover teens, I want to email my editor and ask him if it's okay if I title my article 'Magical Mexico'—because even though it sounds like the title of your little cousin's Facebook album, it's absolutely spot on. [GQ](#)



Hacienda San Jose



Find more spots to enjoy a great cocktail at [GQ.co.za](#)



Doing the tourist stuff

Hacienda San Jose is a short drive from the famous Mayan ruins of Chichen Itza, which, albeit teeming with tourists, is a truly incredible sight. While most visitors wander around aimlessly taking selfies in front of the famous El Castillo pyramid, I'd suggest you get a guide who can give you an informative and interesting tour of the grounds. There's nothing more boring than wandering around a bunch of ancient buildings you know nothing about.

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RISE AND GRIND

You drink it every day, but that doesn't mean your coffee has to be ordinary. Cut the sugar coating and start taking your habit seriously

Words by **Paul Sephton**



THE CORTADO: A SHORT COURSE

An espresso is a 25-35ml shot of coffee extracted under pressure. If you pour an equal amount of milk and foam as the espresso, it's called a cortado. The word cortado is the past participle of the Spanish verb *cortar*, or 'to cut'.

Urban Grind

Wayne Burrows sheds light on the best ways to up your coffee game

1 Weigh out your coffee and understand the ratio of how much water to coffee you're using. A scoop of coffee is not good enough and you can dilute your coffee flavour by adding too much water.

2 Find out how fresh the coffee is, when it was roasted and how long it has been resting in the one-way valve bag. Never buy coffee that has been standing out in the open – oxygen is the enemy.

3 Brew coffee at different temperatures and different grind specs. How do you know if the ratio of your brewing coffee is correct if you have no clue how it tastes at various grind sizes and amounts?



Coffee of champions

We asked national barista champion and Lineage coffee roaster Craig Charity about making better coffee and how we drink it

GQ: The cappuccino and espresso have been benchmarks of good coffee – do you think the industry needs an update?

Craig Charity: I don't think that it needs a new benchmark, but I'd like to see people enjoying a wider variety of coffee. If I were going to try a new coffee, I would make filter-style coffee that offers more clarity than an espresso-based milk drink.

GQ: There is a whole range of new coffee styles – what do you try to sell your customers on?

CC: If a customer drinks a cappuccino without sugar, I'd give them a cortado to try. I don't think any coffee can be tasted properly with sugar in it. If coffee is that unpalatable without sugar, I'd rather not drink it. Adding sugar to coffee in order to drink it is like adding fruit juice to wine to make it palatable. If that's the standard, the problem is that you start to accept bad coffee because it doesn't matter if it is bitter, you will just mask it with sugar.

GQ: What's the best way to drink a coffee in order to actually start to taste and appreciate flavour differences?

CC: Coffee is only going to be as good as the sum of its two products – water and coffee. I think that the method in which the coffee is extracted is less of an issue. Start with good, clean, filtered water and have an incredible coffee to extract in it. Find a local roaster so that your coffee is fresh, and buy coffee that isn't roasted dark. The goal of roasting is to unlock the coffee's flavour and potential, not to burn it.

GQ: Can you list the most important factors when it comes to making coffee at home?

CC: I would put it in this order: good quality coffee, freshness, a good burr grinder, filtered water, a thermometer, a scale accurate to 1g and a method of making the coffee that allows you to control the time, weight and temperature of extraction.

Grinders

The pros say it's the most important upgrade. Here's where you want to invest properly



▲ KitchenAid Artisan Burr Grinder

Not only are fresh beans a major flavour boost, but grinding your own coffee becomes a ritualistic amp before your cup of joy. This KitchenAid is mighty pretty and grinds better than Robin Thicke.

R3 490 at Yuppiechef.com



◀ Compak K3 Touch

If you're spending R40k on an espresso machine, you're spending R7k on a grinder – non negotiable. The Compak takes industrial-level consistency and packs it into a home device. **R7 125**

► Porlex Mini Grinder

Portable and perfect for loadshedding, the Porlex is a manual conical burr grinder with adjustable settings – the perfect anytime, anywhere grinder.

R795

moreflavour.co.za



Pour-over playoffs

Hario V60 vs Chemex Ottomatic

Hailing from the east, the pour-over process takes three or four minutes of dedicated pouring – a brew that can lead to a much more satisfying cuppa.



▲ Ottomatic

Manual control of water and coffee amounts gives you flexibility when it comes to brew strength. Thick filters mean less oils pass through and smooth sides mean all the liquid leaves through the filter's tip. **R741**

at beanthere.co.za



▲ V60

You have as much flexibility as the Chemex, but Hario makes a much thinner filter paper, allowing through more of the oils. The Hario has ridges for lateral filtering, promoting even extraction. **R299**

at yuppiechef.com

Verdict: The Hario is faster, with a thicker feel to the finish, though it's easier to under- or overshoot the mark to your perfect cup. The Chemex offers a cleaner finish for more subtle flavours, and the slower brew time means you get more flavour regardless of skill.



◀ AeroPress

Universally praised, the AeroPress draws flavour from any of the three brew methods to give you about four espressos. It's super easy to use and clean, giving consistently good idiot-proof full-body cups of coffee.

R565 at

moreflavour.co.za

Machine forged

For a serious wake-up call, pull out the biggest guns you can find



▲ Rocket Espresso R58

Bring the coffee shop to your home with this insanely good-looking Italian machine. That it's called a Rocket doesn't hurt either. You're looking at first prize. **R39 790**



◀ Breville Bean to Cup Espresso Machine

Flexible control between auto and manual drawing, this beast knocks out quick cups or lets you get your latte art on, if you're feeling creative. **R5 900**

► Nespresso Inissia

For the carefree, this machine is Nespresso's lightest yet, and uses its 19-bar pressure to push out perfect coffees time and time again.

R1 650



◀ Acaia Pearl Black

This scale monitors the weight and flow of your coffee making, with an app almost as beautiful as the Pearl itself.

R2 050



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Origin Coffee Roasting 021-421-1000
Rosetta Roastery 021-447-4099
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JOHANNESBURG & PRETORIA

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Father Coffee 082-513-4258
Motherland 011-403-1400
Doubleshot 011-100-5241 **GQ**

'Looking Up
the Core',
Ponte City



BOOKS

A living story

The tale of Ponte City is a visual masterpiece

It's not often you find an annal of an overlooked and often misunderstood South African building, let alone a visual account as immersive and eye-opening as *Ponte City* by Mikhael Subotzky and Patrick Waterhouse. The publication is presented as a photographic volume with booklets of

commissioned essays and historical background, making it a narrative as much as it is a graphic celebration of storytelling. As the winner of the 2015 Deutsche Börse Photography Prize, it's a view through the looking glass into a teeming, secret African diaspora that climbs high into the sky. — NC



***Ponte City* by Mikhael Subotzky
and Patrick Waterhouse**

(Steidl First, R1 170. Available at steidl.de)

PHOTOGRAPH BY MIKHAEL SUBOTZKY

OF MEN AND MOUNTAINS

This month's films to conquer

Edited by **Evert Lombaert**



EVEREST

Directed by Baltasar Kormákur; with Jason Clarke, Josh Brolin and Keira Knightley Kormákur (*The Deep, Contraband*) expertly distills the core tales of the four survivor account novels of the 1996 Mount Everest disaster. It is a cautionary tale of two doomed climbing parties, an unforgiving environment and the sheer human will to cling to life itself. The ensemble cast also includes Robin Wright, Michael Kelly,

Sam Worthington, Emily Watson and Jake Gyllenhaal. The production shot in Italy, Nepal and Iceland, so expect truly breathtaking mountain vistas throughout. As if directing his mammoth cast wasn't enough, Kormákur also took the editing duties upon himself; he effortlessly cuts between the various scenarios, never allowing us to lose track of any of the tragic tales unfolding. Not for

those afraid of heights or frights, this is a nail-biting, yet respectful look at the tragic events of 1996. This year's avalanche tragedy on Everest adds even more gravitas to the events unfolding on screen.

★★★★★

Released 11 September 2015

SOUTHPAW

Directed by Antoine Fuqua; with Jake Gyllenhaal, Rachel McAdams and Forest Whitaker Fuqua (*Training Day*,

Olympus Has Fallen) originally signed onto this project with the hopes of it being Eminem's follow-up to *8 Mile*. The rapper opted to focus on his music, but remained on the project as the

soundtrack's exec producer when Gyllenhaal took the lead role. Billy Hope (Gyllenhaal) is a boxer at the height of his game. Yet beneath the material wealth, all is not as it seems as his wife Maureen (McAdams) begs him to slow down and focus on his paternal duties. When tragedy strikes the family, Billy must collect all the pieces of his shattered life and work towards saving whatever family life he can. The only person who can guide him from rock bottom is trainer Titus 'Tick' Williams (Whitaker). A parable about not taking your loved ones for granted, struggles for redemption and an insight into the world of boxing – well worth a watch.

★★★★★

Released 4 September 2015



Gyllenhaal trained at Mayweather's studio for his boxing role

IS THIN JAKE GYLLENHAAL ACTUALLY SKINNY JARED LETO?



Jake dropped a ton of weight for *Nightcrawler*...



...and starred in *The Good Girl* with good girl Jen Aniston...



...who shares a name with Jennifer Garner, who plays Dr Eve Sacks in *Dallas Buyers Club*...



...which sports an equally skeletal Lady Jared Leto.

GAMES

HAVE SMARTPHONE, WILL PLAY

Small games mean big adventures

Edited by **Aléz Odendaal**

Today, many feel a prominent nostalgia for the era of good battery life and operating systems no one had to Google to know how to work. Yup, son, back in our day phones didn't ask you to sign contracts you'd never read, and dropping one never cost you street cred, or the deposit on a

small car. What we don't miss though, is Snake. The monochromatic, 4-D arcade game, hell-bent on teaching the danger of over-gorging on miscellaneous found objects. You might think you miss it, but really, no one has the time for something that seems designed by the icing machines at a Zoo

Biscuit factory. Just no. Thankfully the inconvenience incurred by smartphones has come with a massive payoff: beautifully-made and intelligently-playful mobile games. Better than selfies, tweeting or swiping right, here's our pick of the best mobile games for your Android or iOS phone.

MR. HOLMES

Directed by Bill Condon; with Ian McKellen and Laura Linney
Condon returns with his *Gods and Monsters* (1998) lead here portraying a long-retired, 93-year-old detective extraordinaire Sherlock Holmes. McKellen is no stranger to bearing

the responsibility of extremely iconic and almost geek-holy characters such as Magneto (in the *X-Men* franchise) or Gandalf (in Peter Jackson's Middle Earth film series). We are happy to report his Sherlock is every bit as charismatic and intelligent as can be; an Oscar nomination is



definitely not out of the picture here. Condon masterfully cuts between the 'present' post-War 1947 Sussex farmhouse, where Sherlock now resides with his housekeeper, Mrs Munro (Linney), and earlier years during some of his glorious past adventures. It's as beautiful an

adaptation of Mitch Cullin's 2005 novel *A Slight Trick of the Mind* as one could hope for. If you're in the mood for an elegant, intelligent, character-driven piece, you can do no better than this classy offering.

★★★★★

Released 25 September 2015



ALL HAIL THE KING

Sitcom-ruler **Kevin James** flexes his comedy muscles and tells GQ how he's making film his new domain

► **2015 MAY BE THE BIGGEST YEAR OF KEVIN JAMES' MOVIE CAREER, BUT IT'S ALSO BECOMING A GOOD YEAR FOR HIM TO RETURN TO THE SMALL SCREEN.** The actor, who left the TV landscape in 2007 when his much-loved *The King of Queens* show ended, features in four films and is bringing a new show to life. 'I love movies,' he says. 'As long as I'm able to make them, I'm happy. But I do miss TV and the feeling of shooting in front of a live TV audience – like we did on *The King of Queens* – so I want to return to that.'

Before he signed the new TV deal, which will signal his return to headlining a sitcom, James brought back his goofball security guard in *Paul Blart: Mall Cop 2* earlier this year. 'The first one did better than we expected,' he says, adding that he hadn't made plans for a sequel but people had been asking for one in the wake of its success. It took six years, and a brush-up of his Segway skills, but he found he had grown to love seeing the character on screen. 'I found him quite endearing,' he says.

'It's a fun process,' says James, about acting for film. 'You get to play different characters. In *Pixels*, I play the President, in *Grown Ups* I was the owner of a lawn-furniture company. Even though it's me, myself, in the character, it's slightly different each time, and I enjoy that.'

Aside from *Pixels*, he also has another animated feature coming out, in *Hotel Transylvania 2*. But no matter how many films he's making, James always goes back to the place where it all started for him. 'Stand-up is the core for me, for everything,' he says. 'It's the nucleus, the home-base. After I shot all these movies, I sat down and wrote some new material and tried it out in some shows.'

For James, stand-up is invaluable. 'I get feedback immediately, and then we tailor the jokes to use on screen. Stand-up always keeps things fresh. It's like exercising the muscle; the more you do it, the better and stronger you get.' – **Nadia Neophytou**

Big games made little



Valiant Hearts

Set in WWI, Ubisoft's puzzle adventure was first released on consoles and PCs. Now in pocket-size, this gem is equally gorgeous and melancholic.



Game of Thrones

If you like making devastating moral decisions affecting the game's outcome, you'll also like *The Wolf Among Us* and *The Walking Dead* series.



Minecraft: Pocket Edition

The mobile version of the crafty Lego-like game will help you catch up with all the architectural coding geniuses today.

For the commute



Hitman GO

A strategic, turn-based puzzler to spice up free time. The assassin does a great job of looking inconspicuous with a shaved head and black leather gloves.



Hearthstone: Heroes of Warcraft

This mobile card game is based on characters from *World of Warcraft*. That being said, there's no guild membership necessary to enjoy its cosy, pub-like aesthetic.





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Sony Music

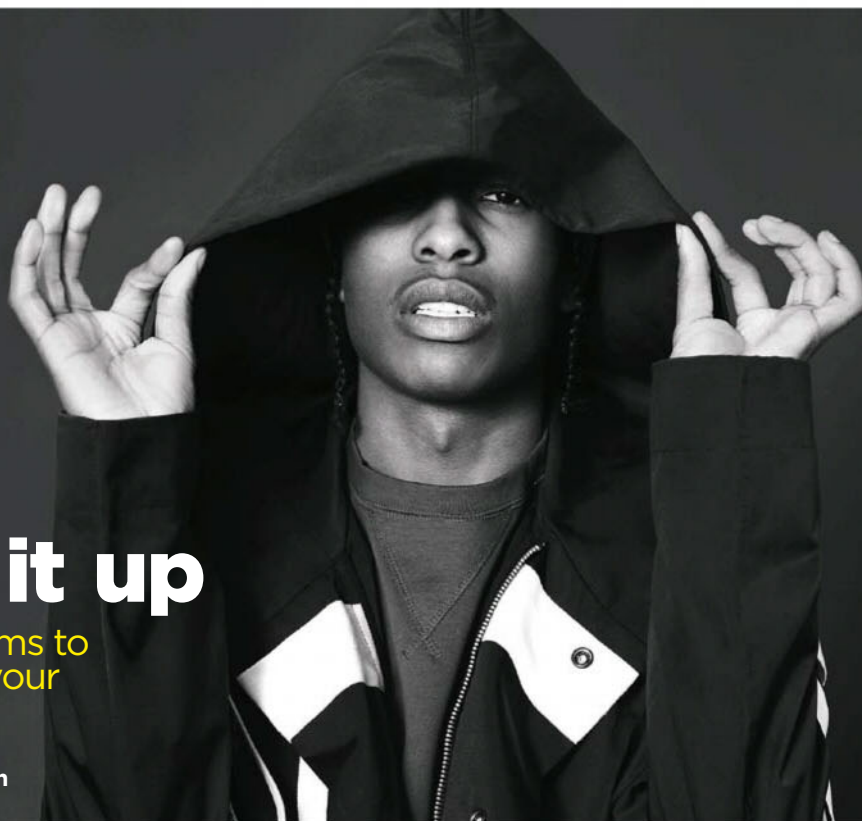
The Vibe: Two words: Rod Stewart. WTF? Rod is one of many eclectic guest collabs on this stylistic colour wheel of an album. Strangely, it works. A\$AP has contradicted his previous criticism of rappers being too conceptual and cerebral, as he takes big strides back into the old school underground with big heady twists. It's a good listen, but it does have a few moments, like on 'Canal St.' feat. Bones, where it feels like A\$AP didn't dig very deep but rather resorted to dissing women to make himself look like a man. ★★★★★

MUSIC

Rap it up

Three albums to complete your collection

Edited by Jason Alexander Basson



Chris Brown x Tyga
Fan of a Fan Album

Sony Music

The Vibe: It's been years since their first collab project, and if that was anything to go by (they won a Grammy for 'Deuces') then this should be golden, right? Right. It's that

whole west coast sound, fine tuned and taken to the next level, but with enough sass and irony to make this an uncomplicated lighthearted affair. It also has a great electronic production that makes it feel really modern and slick, but with a solid whiff of the late '90s, both in terms of the style of the album and the many clever references to predecessors like

Dr. Dre, Notorious B.I.G and Eminem. Some might argue that it's a cheap knock off, but those people are taking life too seriously. ★★★★★



Jodeci
The Past, The Present, The Future
Sony Music

The Vibe: When we saw that Jodeci made a comeback (their last album being in 1995), we got all greasy under the collar. 'Are you ready to get sweaty, baby?' Sure, we got sweaty this time, but for all the wrong reasons. Theoretically, this album should have gone down like a treat, being that RnB has made such a massive comeback and people are

obsessed with the '90s right now, but this really just fell flat. Apart from a few juicy nuggets like their opening track 'Too Hot', which will surely hit the clubs hard, the rest of the album seems a tad ridiculous – like listening to a bunch of grown men talk about fannies and winkies making hoo hoo. Bottom line is they grew up; their music didn't. ★★★★★

Home-grown



Desktop Dungeons

The brilliant 2010 PC release made the local game-development scene pop globally. Now available for Android and iOS, it's every bit as fun.



A Day in the Woods

RetroEpic's puzzle game sees you helping Little Red Riding Hood get around in as few moves as possible. Only for iOS.



Monument Valley

We love Kevin Spacey. Any game that comes recommended by him is a game we'll play. As Frank Underwood in *House of Cards*, US President Spacey is hooked on the challenging, Modernist-inspired puzzle game Monument Valley. With a strong set of lateral thinking skills, players will advance by assisting Princess Ida in traversing the impossible-seeming landscape.



ONE MORE THING

Watch out for 'free' games with in-app purchases. They usually have a pay-gate which means doing well in the later stages of the game will require you to spend money.

STEVE MADDEN



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Each generation has their quirks and superstars, their fifteen minutes (or thirty-five years) of fame. Truly though, the youth of South Africa has shown themselves to be rich in talent. This year's 35 Cool Guys Under 35 are all uncommonly creative and enterprising individuals. We can't wait to see what they do next.

Words by **Aléz Odendaal**



AGE
25
Stilo Magolide
MUSICIAN
@stilomagolide



Under the alias 'Choc', Magolide made his on-screen debut on Vuzu as part of Jo'burg-based creative team Cream Cartel in 2010. Since then, his reach has been felt

in other mediums, noticeably with celebrated hip hop crew BoyznBucks, and through the launch of his streetwear label W.A.T.E.R. soundcloud.com/stilomagolide



| 31 | INFLUENCER
Reagan 'Rolo Rozay' Zeederberg
@rolo_rozay

For his birthday this year, Rolo stuck candles in the shape of his age into a full-house gatsby, and washed it down with champagne in a plastic cup. Bringing a South African flavour to an East Coast 'make it here, make it anywhere' attitude, this sneaker-head and influencer is cool like that. Rolo is also the host of *The Rolo Rozay Way* podcast and is a social media etiquette analyst at Theyknow.co.za. therolorozawayway.tumblr.com

| 24 | VISUAL CULTURE EXPERT
BOGOSI SEKHUKHUNI

@bogosi_ sekhukhuniwevo
Sekhukuni is a Jo'burg-based conceptual artist and creative director. His art is a mix of Aimé Césaire, Dambudzo Marechera and cotton candy. Exhibiting internationally, he's helped to bring a more critical SA art scene to the fore. bogosisekhukhuni.tumblr.com



| 31 | RAPPER
UNO JULY

@UnoJuly
This Gugulethu-born artist and rapper began as a member of Cape Town-based hip-hop outfit Ill Skillz, and released a debut solo effort, *Best Kept Secret*. July's retro-nouveau spirit is an embodiment of local talent.

| 29 | OWNER, YOURS TRULY & UPYOURS
DANIEL HOLLAND

@yourstrulycafe
Filled with more models than an American Apparel catalogue, Yours Truly is Kloof Street's hottest café and bar. Most evenings, owner Daniel Holland



can be found there, among the eclectic mix of inner-city elite. When not planning his next venture, Holland takes his free time outdoors.



| 29 | ENGINEER & SKATEBOARD DESIGNER
ROUSSEAU LOUBSER

@stockskateco
The measure of a good side project is equal parts hard work and fun. This is true of Loubser, first mechanical engineer, later founder of New York-inspired skateboarding brand Stock Skate Co. Loubser's easy-going attitude permeates through the company's videos and merchandise. stockskateco.com



**29 | MILLINER
DEAN XAVIER
POZNIAK**

@simonandmary

Not many people know a milliner. Fewer

people know a good one. A fourth-generation hat maker, Pozniak can be found at his factory, overseeing the meticulous production of playful yet stylish Simon and Mary hats.

simonandmary.co.za



**34 | 'BOARDER
KENT
LINGEVELDT**

@alphalongboards

Lingeveldt's passion for skateboarding soon developed into a competitive career. A custom longboard shaper at Alpha Longboards, he also introduces underprivileged youth to skating culture. alphalongboards.com



**30 | FOUNDER,
THE SOCIAL MARKET
Maitele Wawe
Netshimbupfe**

@maitele_wawe

A logistics student, Netshimbupfe – along with his crew – gives off a fresh, intimidating cool that rebuffs imitation. Between classes he finds time to stand out as one of SA's leading fashion icons, forms part of aesthetic collective the Fashion Rebels and heads up Pretoria's The Social Market. thesocialmarket.com



**27 | RAPPER
SENZO
MFUNDO
VILAKAZI**

@kwestadakar

As battle-rap king Kwesta, he began his media career on shows like Y-FM's Rap Activity Jam and E-TV's Freestyle Kings. Since then he's worked with acts like C-live, 2-Face, and Kid-X.



**31 | FILMMAKER
LEBOGANG
RASETHEBA**

@lebogangrasethaba

Rasetheba travelled to China to complete his MA in Film, returning to SA to take up residence at Egg Films. His work features on platforms like Vice and i-D and Arcade Content, an Egg Films subsidiary documenting local youth culture.

arcadecontent.tv

**AGE
27 Daniel Ting Chong**
DESIGNER & ILLUSTRATOR
@DanielTingChong

Cities all over South Africa became much better-looking spaces after Chong graduated from Vega, with multiple brands benefiting from his graphic design and illustration talent. Working on both David- and Goliath-sized projects, Chong has brought his distinctive style to everything he touches. Wear your RVCA hoodie to dim sum at Green Point's Beijing Opera and be a part of the Daniel Ting Chong global takeover.

danieltingchong.com



**33 |
BRANDMAN AND
VISUAL ARTIST**

**Jeffrey
Rikhotso**

@jeffreylives
photography

The street style photographer recently collaborated on a Woolworth's RE: project with fellow Cool Guy, Sindiso Nyoni. 75.co.za/jeff_rikhotso



**25 |
MUSICIAN
Yannick
'Petite
Noir'
Illunga**

@petitenoirkvt

This half-Angolan, half-Congolese South African-raised 'Noirwave' musician is making a huge impact on the music scene. Illunga's social activism makes him stand out as a true voice of our generation.



Simiso Zwane

The man also known as **OkMalumKoolKat** says the essence of being cool is knowing yourself

From performing as part of Dirty Paraffin and BoyzNBucks to producing global collabs, remixing clothes and creating art, Simiso Zwane is about as cool as it gets. We get to know the man behind the alias.

What does the idea of personal branding mean to you?

I have always struggled with the concept of 'personal branding'. I think personalities are meant to evolve; a brand that's conceptual can be the same forever. That is why I have so many aliases - I do not want to be boxed. All these characters represent different vibes about my being. I think people shouldn't see themselves as brands but rather as beings.

What's it like working as a creative person in South Africa?

South Africa is

a good place to be right now. We are still a young country so there's a lot of energy. And we are still finding our voice, too. I've made music with producers from overseas and I'm working on a mixtape to solidify my local following. I made over 50 collaborative tracks last year but my local fans demand an album after this mixtape. The positive thing is that we are getting booked every weekend now.

What does the word 'cool' mean to you?

I think cool has always meant 'knowing yourself' to me. I grew up in Umlazi, where the ethos stems from old Zulu practices - 'knowledge of self' is a big deal.


What's your advice to young men?

Take time and figure out what you want contribute to the nation. It's not about shortcuts, it's about contributing. I feel like our generation is not that patriotic; everything is based on shortcuts, and that can be our downfall.

What does 2016 look like for you?

My clothing brand will be finally out, my album *Mlazi Milano* will be banging on speakers across the world, I would have sold a few more artworks. A Continental Tour is in the works; and I am playing a lot of European shows later this year and early next.

Who's a cool guy you'd like to share a Jameson with?

I would love to have a drink with Kamazu - one of the coolest cats to ever make music in this country; he transitioned nicely from bubblegum disco to early Kwaito. 



JAMESON



IRISH WHISKEY



28 | CAMERAMAN & PILOT
Ofentse Godwin Mwase
 @unclescrooch

Jo'burg's cityscapes have never looked as good as they do when Ofentse Mwase is behind the shot. A born creator, Mwase is a freelance cinematographer and aerial photographer who is big on family and huge on Instagram. With attention to detail – capturing both big and small, natural and constructed – his vision portrays a man living his best life. ofentsemwase.com



29 | TATTOO ARTIST
RAOUL GOETZE
 @raoulgoetze

Owner of Palm Black Tattoo Co, Goetze specialises in combinations of traditional, geometric, black work and dot work styles. He also forms part of an event organising collective, Psych Night Productions, and is part-owner of Copper Bar. palmblack.co.za

30 | ENTERTAINER
Mokgele Kgagara
 @mkayfrash

Founder of art collective BoyznBucks and online magazine show *Hunting for Kicks*, as well as Nike Africa's entertainment marketing manager, Kgagara – or 'Mkay Frash' – is not a man with a lot of free time. The little he has, he uses for philanthropic work in Soweto. boyznbucks.tumblr.com



AGE
30
Dale Stephen Strime
 DESIGNER & DRUMMER
 @deedstreak

The focal point of energy in any room, Strime is red-bearded, light-hearted rebellion. The pop-culture purveyor expels his large energy stores by drumming for two bands and by heading up design at Streeks, a brand he founded after the success of his initial project, Swede & Crowe. raisedon-coolaid.tumblr.com



26 | ARTIST AND ACTIVIST
HAROON GUNN-SALIE
 @gunn_salie

Gunn-Salie's work is a collaborative practice translating community oral histories into installations. His murals can be seen in galleries and festivals in Germany and Brazil, as well as on local buildings and streets; a nod to his image as a public artist and social activist. gunnsalie.com



32 | PRODUCER
WAYNE LEE 'HIPE' ROBERTSON
 @hipebeast

Most widely known for his work as a hip-hop producer, Robertson is the founder of Hiperdelic Records. When he's not working with artists like ProVerb, Cream, Ill Skills and Youngsta, Robertson spends his day filling Cape Town into engaging squares on his fast-growing Instagram account. hipebeast.co.za

| 24 |

**PHOTOGRAPHER
ANGUS
MACKINNON**

@mackmangus

Creating tattoos at Black Panther Tattoo Co and shooting events under the Cowabunga banner funds his travels through Africa, the subject of his multilayered works. cargocollective.com/angusmackinnon

**| 22 | SNEAKERHEAD
ZAID OSMAN**

@zaid_osman

Founder of sneaker boutique Lost Property, Osman

is also the host of SneakerExchange, where collectors can meet and swap the best of their best. One of the youngest on this list, Zaid is set up for a successful path – one he'll be walking in a very good pair of shoes. lostpropertystore.co.za, sakicks.com

**| 31 | THESIS EXPERT
WANDILE
ZONDO**

@thesis_lifestyle

The backdrop for Zondo's childhood, Soweto is also where he co-founded the first Thesis Lifestyle streetwear brand over ten years ago. This year saw him taking the Thesis rep



for comfort and clean design to nearby Kagiso, showing off a richer, positive township culture. thesis.co.za

| 27 |

**DESIGNER & ARTIST
Jody
Paulsen**

@jody_paulsen

With an MA from the Michaelis School of Fine Art, artist, designer, and model Paulsen has had a full year designing for Adriaan Kuiters, and becoming the face of Adidas's Born Original fragrance.



AGE

29

Mathew Kieser

MENSWEAR MAVERICK

@MatKieser

Kieser spends his days delivering designer menswear and smart street style one studio at a time, with his latest boutique Corner Store following on from Sol-Sol's impressive success. A 3000-participant contest, six collections, and five countries under his five-panel cap, Kieser catches breath with wife Melissa.

sol-solmenswear.com

instead opted in for a career as a filmmaker, photographer and massively successful, internationally-recognised Instagrammer. Doing so, he's brought a serious but approachable innocence to a platform that too often substitutes grit for good taste. garethpon.com

**| 24 | CAMERAMAN
GARETH PON**

@garethpon

Owing to a romantic disposition, Pon has always dreamed of going to space. Close but no cigar, he

**| 33 | MUSICIAN
NDUDUZO
MAKHATHINI**

@nduduzo_m



This jazz pianist calls himself a musical 'translator' – creating award-winning tunes with a host of a global artists, and his own critically acclaimed series of albums. Add Standard Bank's 2015 Young Artist: Jazz award to his repertoire and it seems his is a language in which we'll soon be even more fluent.

**| 28 | FILMMAKER
MARK
MIDDLEWICK**

In 2013, filmmaker Middlewick's breakout short, *Security*, was produced through NBCUniversal's Focus Features, and screened at festivals worldwide. Strength to strength led Mark to award-winning music videos for artists like Nakhane



Touré and Matthew Mole, and later to directing *The Mascot*, featuring Oscar winner Adrien Brody. markmiddlewick.com



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AGE **28** **Sizwe Moeketsi**
RAPPER
@reasonhd

Sizwe Moeketsi, aka Reason, is a former advertising genius turned multiple-SAMA-winning rapper. This year saw the release of

his single '#TRVE (The Realest Verse Ever)', creating controversy and open conversation with its cover – further proving Reason doesn't shy away from where his art takes him. Nine-to-five sees him writing rhymes at Kool Out Entertainment's studios. koolout.co.za



23 MUSICIAN
LUC VERMEER
@desert_head
Vermeer, aka Desert Head, is an experimental hip-hop producer from the

Mother City. Starting with talent and a terrible laptop, Luc grew a passion for music creation at sixteen. Wearer of many hats, he is also one half of Christian Tiger School, and co-creator of monthly hip hop event 'Button Bashers'.



24 MUSIC & FASHION FUNDI
LUCKY T NTULI

@yoapetown

This DJ started his career in the early 2000s, taking his alias 'Soulo Starr' and a near-fanatical love of music to current endeavours as Founder and Creative Director at Cosmic Dust Records. Lucky also lends his talents to Nike Africa as sportswear digital manager. modernhype.com

23 MUSICIAN
SEBASTIANO ZANASI

@yesinfrench

A member of Christian Tiger School, Yes in French, and Hessein +, Zanasi plans to fly his blend of jazz and electro to Paris to attend the highly regarded Red Bull Music Academy later this year.



24 CHEF
MATT MANNING

@mattmanningchef

UK-born Manning perfected his trade in some of London's finest restaurants. He's launched One Ingredient, an interactive dinner experience, and Private Kitchen; his restaurant-in-your-home concept. matt-manning.com



31 SUSHI SAVANT
VUSI KUNENE

@theblacknese

A certain kind of cool is necessary to make success seem easy when it isn't. In Kunene's case, the journey from waiter to owner of Maboneng Precinct's The Blacknese sushi bar appears to have encompassed only a few years, and a commitment to the idea that food can change lives. theblacknese.co.za

31 GRAPHIC ARTIST
SINDISO 'R!OT' NYONI

@sindisonyoni

Nyoni is a Bulawayo-born graphic artist, contemporary illustrator, activist and street artist. Not content to sit pretty in Jo'burg alone, R!OT's art has also made its way to the world's biggest cities. Among his fans you'll find Adidas, Nike and the judges of Cannes Lions. Count us in, too. GO




SMALL BATCH
WHISKEY.

RICH SMOOTH
CHARACTER.



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The smart money: SA'S BIGGEST PAY CHEQUES • LIFE ASSURANCE • WHY YOU SHOULDN'T START A START UP

Should you be coding?

Aaron Fuchs, CEO of iXperience, on why learning to code may be a good career move

Words by **Paul Sephton**



Aaron Fuchs spent barely a year at UCT, before a visiting Yale professor convinced him to apply to an American college. He ended up getting a full scholarship to Yale, and landed a job on Wall Street after he finished an engineering degree. Back in South Africa a few years later, he founded iXperience, a coding academy in Cape Town.

GQ: What does iXperience do?

Aaron Fuchs: We get American students to come and learn software skills in South Africa. There are very few people who do this here – it's a real product – and we're generating R10 million in our second year.

GQ: Convince us to code.

AF: You're using digital products every day, and this is the direction the world is taking. Most interactions are through an online portal, which means that every company

needs to adapt in some way to move towards digital. You can create a company of huge value without the brick-and-mortar style you needed before. Your start-up costs are so much lower, so just by having these skills, you're opening up a world of possibilities for yourself.

When you know how to code, you're not limited to being a developer. You can be a product manager, CEO, user-experience designer, or many other things with that

understanding and skill set. There are so many opportunities to solve problems in health, education, banking, transport, tourism, power and other sectors.

GQ: When you graduated, how did you decide what to do?

AF: It's a very big unknown when you're offered your first job, because you don't have any work experience or know what you'll be doing on a day-to-day basis, so you look for something secure.

GQ: How do you know you're starting a company for the right reasons?

AF: The number one thing I tell people before starting a company is to find a problem to solve that you are actually passionate about, and then find other people who have similar ambitions to solving that problem. If you do not have that then you can't build anything. Unless you have that, I think it's probably better to stay in a risk-free environment when you're earning an income instead of jumping into something without knowing what your product is.

Also, my idea of this company when we started is very different to what it is today because we have the ability to understand the people we're providing our service for and changing it. We pivot a lot based on what the market wants.

GQ: How would you describe the value of networking?

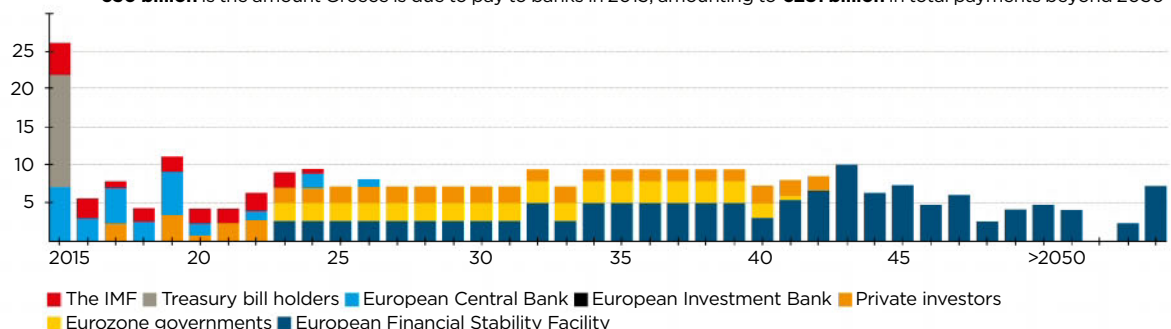
AF: My idea of networking is very different to going to an event and meeting people; I'm talking about creating friendships and relationships with people who are inspiring to you and that you can spend time with – that is your network of people. It is not a connection on LinkedIn.



A Greek tragedy

The colossal scale of Greece's debt pool

€30 billion is the amount Greece is due to pay to banks in 2015, amounting to €281 billion in total payments beyond 2050



What you want is to create a network of positive people that can inspire you to be better. Part of that network is also finding older people who you can go to for advice and mentorship. That's key because they've made mistakes and are willing to share those stories with you so that you don't have to make the same mistakes.

GQ: What are the biggest mistakes that you've learnt from?

AF: To try and have an open and honest relationship with your business partner. It's a key thing: communication, honesty and trust is vital the more a company grows. People will always make mistakes, but it's about how you learn from them.

When you start a company you want to be successful straight away: creating value and earning money. The truth is that it takes time to realise the value of your work. It's going to take time to build something of value, and not feel too much pressure when it doesn't happen as quickly as you hoped. It's very different to working in a stable environment. You have to know that it's going to take time. If you can make progress and add value on a daily basis, you will look back after a year and see what it's added up to. A month might not reveal progress but after a year you'll see it.

'You have to weigh up the risk, and see what kind of person you are. If you have the ability to take bigger risks and start your own company, the rewards are much higher'

GQ: How would you advise someone to break out from their nine-to-five?

AF: This is obviously a personal decision, but work on your business idea while you have a job – try to refine it, get advice and get investment before you jump into it. You could get an investor on board who is willing to fund it for two years, and then you can leave your job security. I wouldn't recommend trying to juggle too many things at once, like starting a business while selling sandwiches on the side to make a living, because you lose your focus and life becomes a scramble.

GQ: What are the signs that indicate when you should quit a job?

AF: If you're not excited when you wake up, that's a big warning sign. You need to want to wake up excited about the work

that you're doing. The most successful people in the world work 24 hours a day in the beginning because they're passionate about it. Look at Mark Zuckerberg – he didn't do everything because it was a job, he did it because he was passionate about solving a problem. The other thing is the people that you work with – you need to be inspired by them. When you're starting your career, you need to aspire to be like other people.

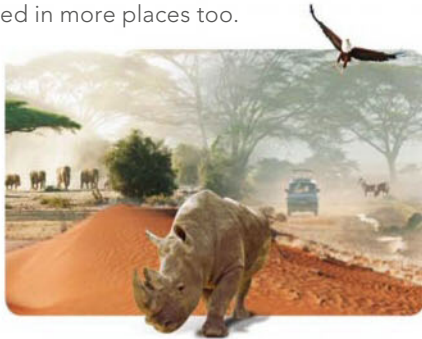
GQ: What is the best way to secure capital when starting a company?

AF: Finding capital is not about the idea that you have, it's about proving to someone that you can execute an idea. Ideas are everywhere, but people will invest in a person. In Silicon Valley it happens all the time – investors are basically looking for people who can make shit happen because they're willing to get their hands dirty and not give up until something of value comes from it. Finding capital is always going to be tricky, but if you can show value, then you shouldn't have a problem getting money, because there's lots of it. People are risk averse when it comes to investing in someone who is unsure of himself. If you want to get capital, you can make it happen. **GQ**

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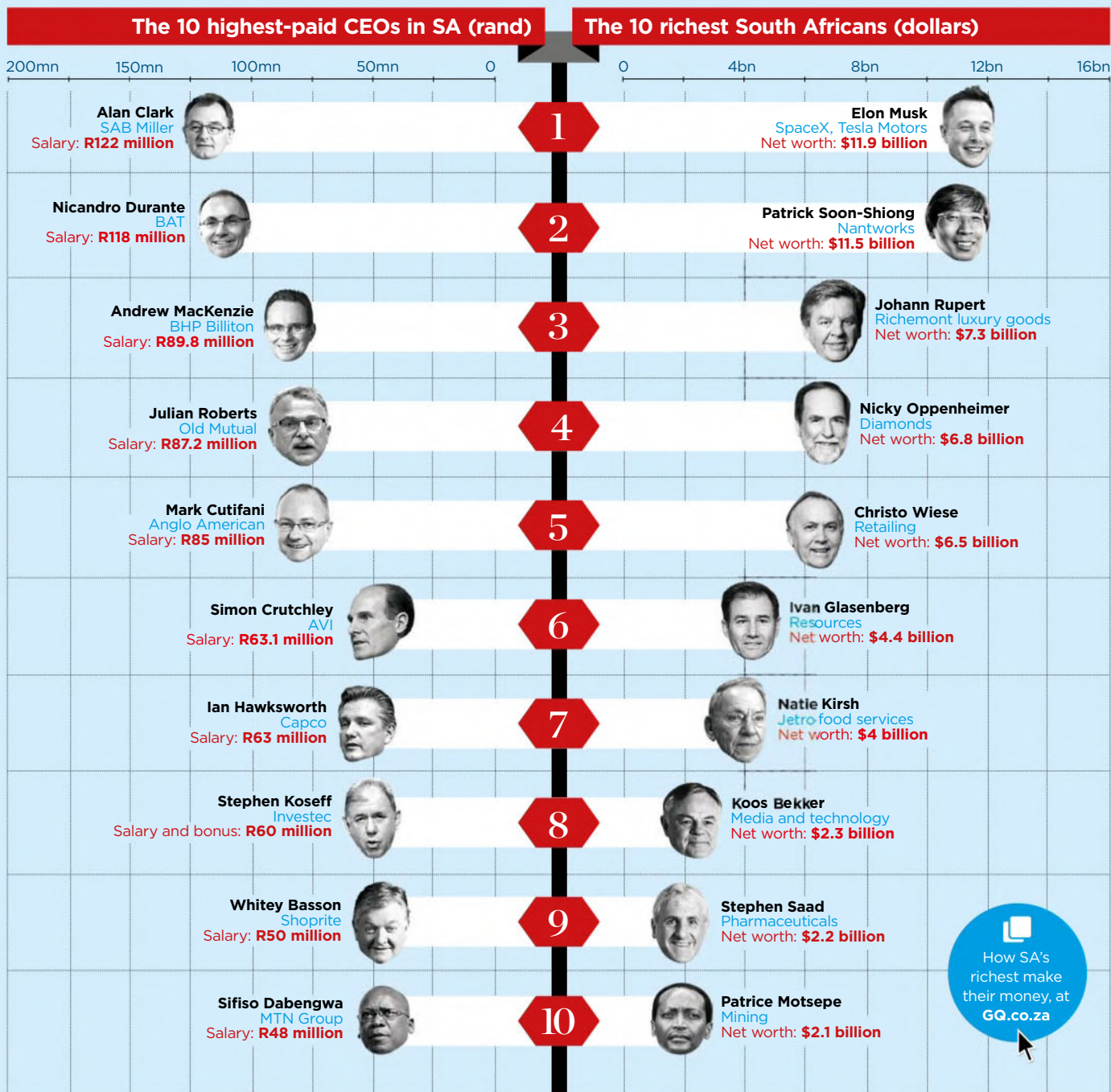
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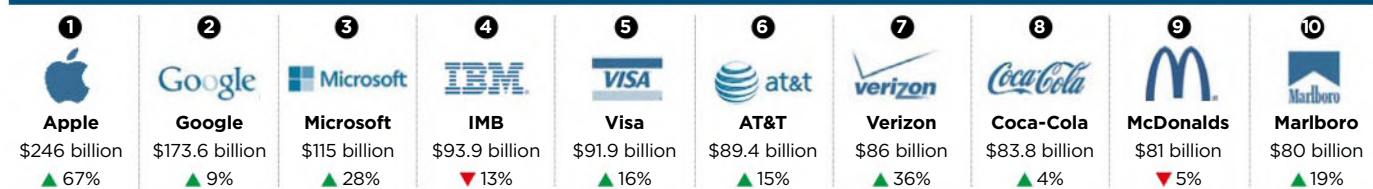
A fistful of dollars

The members of SA's billionaire boys' club are coining it



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WHY I WON'T START ANOTHER STARTUP

Lured by the lights of the industry, **Arthur Attwell** spent valuable time selling tickets to someone else's show. It sucked, he says

Earlier this year, I closed my startup – now I get to reflect on what I'd have done differently. Hindsight is unfair and inaccurate, but I still enjoy its lessons. This is one, and a note to my future self: don't call your projects 'startups'. It's a semantic trick, but a really important one. Here's why.

Startups have steadily become a commodity in an industry of startup conferences, websites, courses and competitions. As the founders of young organisations, we struggle to distinguish genuine guidance and support from the distracting pizzazz of the startup industry, where we're just the product, not the customer. We spend valuable hours crafting slide decks, jumping on planes, giving presentations and filling out entry forms, almost always so that someone can sell tickets to the show. I worked it hard, and I didn't see the return. I want that time back for my business.

Here are five new rules for myself



1 NO MORE STARTUP EVENTS

Startup events are supposed to be 'good for networking'.

I made a connection at one or two, I think, but for the most part they've wasted vast amounts of time.

Your next project may be in a particular industry, but it's probably not in the startup industry. At a startup-industry event, you're only going to meet startup-industry people. They are not your customers. Only go to ones packed full of your potential customers.

Occasionally, have dinner with entrepreneurs you like – it helps fight the loneliness. Or go home and spend time with your family.



2 NO MORE STARTUP COMPETITIONS

Then there are the competitions. Innovation competitions, pitching competitions, business-plan competitions. Sometimes the prize is an investment in your company.

Honestly, do you want an investor who comes shopping for startups at a cocktail function? Winning an investment is like your bank calling to say you've won an overdraft. Lucky you. If you have time to enter competitions, only enter the ones where they're giving out loads of free money and you know you can win. Don't be the product.

3 BEWARE THE WARM GLOW OF STARTUP MEDIA

The startup-industry press is so seductive. Being a startup, especially based in Africa, is great for media coverage, even more so if you win a startup award.

At Paperight we kept a long list of articles about us that came from startup-industry acclaim. We won innovation awards in London, Frankfurt and New York, an Accenture Innovation Award,



and public congratulations in Parliament. We were featured in several 'startups to watch' articles and were profiled on the websites of CNN, *Forbes* and others. We're fairly certain that the awards made this coverage happen. But in not one case did we see a

corresponding spike in sales (or calls from investors), and for a young business running out of runway, sales are all that really matters. For a while, the acclaim is great for motivating staff, and to help inspire an investor's confidence, but the effect wanes after a few awards. Don't chase coverage in the startup industry. Find your own industry's media outlets (they're harder to find and less sexy) and focus only on them.



4 DON'T TELL PEOPLE YOU'RE A STARTUP

Every office-bound exec wants to love a startup, but big companies want to trust

that you'll still be around in a few years. We needed book publishers to trust us with their most valuable IP. It's insane to think they'd give it to a startup. We could have put Paperight in a cupboard for ten years, then dusted it off and they'd be more likely to work with us because we'd be too old to be called a startup.



5 GET REAL HELP

The startup industry appeals to a very real need for emotional, intellectual and financial support, but it is going to distract you more than it delivers. It's bad for focus. Instead, find experienced confidants in an industry like yours.

I'll be surprised if I stick to my new rules. So remind me, please, because I'll probably forget: run a business, not a startup. You don't have the time.



Arthur Attwell is the cofounder of Electric Book Works, a tech and publishing house. He is a Shuttleworth Foundation Fellow and cofounder of Digital Minds Network – a think tank of digital publishing experts in developing countries.

Banking and the Brics

What the new Brics bank wants to do with \$100 billion in startup funds:

The New Development Bank looks to foster greater financial growth among the five markets and challenge the West-dominated IMF as a primary source of lending. China will be contributing \$41 billion to the currency pool. Brazil, India and Russia will each provide \$18 billion, while the remaining \$5 billion will come from South Africa.

WHY IT MIGHT WORK:

The five nations experience high growth and trade between them. It might be used to reduce the high rate of unemployment.

WHY IT MIGHT NOT:

The economies lack a defined common identity; the bank's launch coincided with the collapse of the Chinese stock market; Russia faces a financial crisis, while the Brazilian and South African economies are in trouble. Corrupt leadership doesn't auger well either. – NC



'If you know a lot about a subject, you'll get annoyed. With a topic you don't know a lot about, you're more likely to learn something'

HOW TO

Get the most out of your lekgotla*

Investor **Esther Dyson** gives her tips on the best way to make a work conference work for you

Words by **Katie Scott**

Check out some successful SA kickstarters on GQ.co.za

[1]

Make plans you are prepared to change

Have a strategy before you arrive. 'Are you trying to get feedback about a project you're working on, or are you trying to understand an industry that's unfamiliar?'

[2]

Seek out the unknown

Conferences are a chance to listen and learn. 'If you know a lot about a subject, you'll get annoyed. With a topic you don't know a lot about, you're more likely to learn something.'

[3]

Wear your badge so people can see it

You are guaranteed to get into interesting conversations if you're identifiable. 'I'm short, so when I receive a lanyard, I tie it so it's hanging under my neck, not near my belly button.'

[4]

Don't waste your time

If you go up to someone and say, 'I only have three minutes but I really wanted to ask you something,' they'll talk. If you look as if you want 15 minutes, they may decide they're busy.

[5]

Get some rest

Chance meetings can be as productive as the talks, but staying out till dawn is counterproductive. 'You're better off getting some sleep and sounding intelligent when you talk to people.'

[6]

The smaller the event, the better

Dyson mainly goes to conferences she speaks at, but won't miss out on the ones that are more intimate. 'Go to meet people who know about the topic that you want to disrupt,' she says.

[7]

The best speakers will engross you

Every speaker should remember that they are competing with attendees' computer screens. 'People will get disturbed if you're huffing and banging your keyboard.'

[8]

Follow up after the event

Dyson vises to initially invite someone to connect online, followed by an email. Remember to identify yourself: 'I had that discussion with you about mobile health in Rwanda.' Succinct is best.

* bosberaad, indaba, conference, corporate kiki, symposium, team building, powwow

The bet you don't really want to win

Bruce Cameron tells you what to look out for when buying a life-insurance policy

Ever thought about your financial value? And more importantly your value to people who depend on you for financial survival?

Put another way – what will the financial impact be if you are in a serious accident? Firstly, if you are disabled and unable to work; and, secondly, if you are killed?

It is a question that far too few of us ask and yet it is one of the most important building blocks in planning for a secure financial future. If you survive but are permanently disabled, you will need the financial assistance, as will your family – particularly if you die young. Financial commitments will include money to pay for the future education of your children.

Life assurance is the answer. For a monthly premium you can take a bet against a life assurance company about when you will die or become disabled and unable to work. It is a bet that you don't really want to win.

Life assurance is often a grudge buy, because if you're not injured or die you have seemingly paid all those premiums for nothing. When you or your family do not claim against your life policy most of the money you have paid actually goes into the pockets of those who have a claim. It's not a matter of the life-assurance company simply pocketing your premiums. The company facilitates the financial risks of millions of South Africans.

The amount of life assurance you require is not a once-off figure. It needs to be recalculated regularly. Your need for life and disability assurance will vary at different times of your life. For example when you owe money on your home and children, you need more assurance than you will need before the advent of children or after they leave home.

To get the amount right, you need regular advice, particularly as you get married or have children.

THE FACTORS THAT INFLUENCE THE PREMIUMS YOU PAY

Life assurance is competitive: different companies will offer you different rates.

- 1 Your age:** The younger you are, the cheaper your assurance will be because you are not expected to die young and you will be paying premiums for a longer time.
- 2 Your health:** If you are sickly you could well die earlier.
- 3 Your personal habits:** If you smoke and drink heavily, your health will be undermined.
- 4 Your job and hobbies:** If you are employed as an undersea diver during the week and parachute jump on weekends, expect to pay more.
- 5 Your lifestyle:** If you are in what is called a high-risk category (this means there is a high risk of you dying) you are likely to pay more.

THREE IMPORTANT RULES WHEN BUYING LIFE ASSURANCE:

- 1 Tell the truth:** Never lie or keep quiet about facts that could affect the premium you pay. If you give false information, and the company finds out, it will not pay out. For example, if you suffer from severe asthma, you must declare it. Your premium may be higher but it's better than your dependents receiving nothing if you die.
- 2 Avoid the unnecessary:** You will often see advertised what appears to be cheap assurance for losing an eye/your big toe/an arm/being killed in accident. You don't need it. The probability making a claim like this is low. Buying assurance must be based on your properly defined needs and those of your dependents.
- 3 Avoid mixing risk and investment:** Preferably avoid buying what is called a universal policy, which has both life assurance and an investment segment. These policies mostly have unfair and inflexible contractual terms, while the costs tend to be higher than those charged by most unit-trust companies.



Beer's a big business

What to talk about the next time you open a cold one

The world's top breweries:

- ▶ Anheuser-Busch inBev: **R2 trillion**
- ▶ SABMiller: **R983 bn**
- ▶ Heineken: **R488 bn**
- ▶ Carlsberg: **R159 bn**

In 2014, SABMiller moved to acquire Heineken, to counter a takeover from Anheuser-Busch inBev, but Heineken declined the offer.

The big brands are facing a growing competition from independent craft breweries:

- ▶ Estimated growth of local craft beer market:

2015
30%

2016
35%

- ▶ Craft beer's local market share:

2011
0.3%

2017
2.3%

The world's top-selling beer is SAB's Snow, in China, with annual sales increasing by 573 per cent and global market share of 5.4 per cent.

The Chuck Taylor All Star



Sabrina de Anda Gavay

Made by Sabrina de Anda Gavay

CONVERSE

Made by you

GQDrive

This month // The 2015 Simola Hillclimb // Cape Town by Vespa // The new adventure fleet

A Porsche 911 GT2 RS, fresh off the mark

Thrill on the hill

Dieter Losskarn takes part in his first serious race: the Jaguar Simola Hillclimb media challenge, where, despite a slow start, he grabs a podium finish



Pre-race nerves showing



All systems go



And he's off – sort of

When last did you do something for the first time? One of my favourite sayings goes through my mind, as I slowly roll towards the startline. It's my first race and it's the Jaguar Simola Hillclimb. Beforehand I had tried to gather as much information as possible about racing, hillclimbs and quick starts. A couple of days prior I even borrowed a XF 2.2 diesel from the friendly Jaguar dealership in N1 City in Cape Town to practise the all-important start. Left foot on the brake, right foot accelerating to about 2 000-3 000rpm, and then off the brake. After about an hour, I was quite happy with my take-offs. But an actual race situation is different, as I was to discover.

The day before the race I went through documentation and scrutineering at Knysna's Waterfront. Well, this car is the stock-standard luxury sedan – no complaints from the technical inspector there. I just had to sign an indemnity form

stating that I was entering a race without a proper roll cage. I had to show my temporary MSA licence (number 35023) and received my start number – 57 (I don't understand why they made me display my age so prominently on the doors).

In the pitlane, one of the Jaguar mechanics asked me what tyre pressure I wanted and where he should mount the transponder. The what? I panicked, before remembering it's the little device that triggers my time count, as I pass the photo sensor at the start line.

The adrenaline pumps. I am in a racing suit, helmet and gloves. The smell of different concoctions of *fossiel brandstof* is in the air. Through the closed window and helmet, I hear the announcer's voice and the crowd shouting encouragement.

'And now, number 57, Dieter Losskarn, one of the media guys; he writes for GQ magazine.' Ready, steady – he jumps up with his checkered flag – go! I brake, accelerate and the car shuts down. Limp mode. The Jag's computer was not happy with whatever the hell I was trying. Accelerating or braking? The car protected the engine. I have to switch off and start again. Not the coolest start of a hillclimb race with 12 000 eager spectators.

I finally take off on my first run to get familiar with the short 1.9km to the top. I am fairly slow, but can see where I, hopefully, don't have to brake next time. There are four practice sessions in total. On my second run, I manage a less embarrassing start – and my total time stays just under one minute. At least I'm >>

The adrenaline pumps. I am in a racing suit, helmet and gloves. The smell of different concoctions of *fossiel brandstof* is in the air





Charles Arton's
1979 March 79B
Formula Atlantic



Porsche 911

not the slowest one. When not in the car, I love walking through the pitlane, watching all the different activities. All those fuel additives, last-minute engine changes, tyre warmers. Thankfully my Jag has a seat warmer, so my backside has plenty of grip in the leather seat.

Toby 'Mr Kyalami' Venter changes the tyres on his Porsche 911 GT2 RS Le Mans for each run. He clocks some promising times with a car that was built for the track, not a hillclimb. Unfortunately he blows his clutch from fifth overall, while starting in his class final.

Once in a while, a car leaves the track in a spectacular manner. But experienced marshals and paramedics are there in large



Spectators
cheer on a
Nissan GTR

On Gutzeit's last run on Sunday afternoon, he seals the King of the Hill title with a record time of 40.148 seconds. His reaction? 'I want to break the 40-second barrier in 2016'

numbers, helped by the commentator who opines: 'The Hillclimb is the best place for a heart attack, with all the medical attention you will get here'. There are no injuries – just a couple of substantial repair bills. A beautiful 1972 BMW 3.0 CSL broke a lower control arm in mid-corner, sending it straight into the tyre barrier.

Practice is followed by two qualifying runs on Saturday and four on Sunday. The ten fastest overall times throughout the six sessions qualify for the final of the King of the Hill shoot out. And man, are those guys competitive.

Reigning champion Franco Scribante's 2014 record time of 41.159 seconds in his Chevron B19 was annihilated by veteran Desmond Gutzeit (Gutzeit means 'good time' in German) in his 1 400hp Nissan

Skyline R32 GT-R. On his very last run on Sunday afternoon he seals the King of the Hill title with a new record time of 40.148 seconds. His reaction? 'I want to break the 40-second barrier in 2016.'

The previous year, Jaguar invited five journalists to drive five identical XF 2.0 petrols in a media challenge. This year there is a slight variation. It is not so much about speed – it's more about consistency. There are five different cars, allocated through a draw. My four colleagues are all avid racers. Last year's media-challenge winner Stuart Grant gets the F-type, enabling him to deliver spectacular crowd-pleasing burnouts at the startline. Mark Jones takes the XF 3.0 V6 diesel (202kW), Ashley Oldfield the XF 2.0 petrol (177kW) and Jesse Adams the XF 3.0 V6 supercharged (250kW). I am driving the aforementioned XF 2.2 diesel, seat warmed, with 140kW.

And despite knowing that it is about consistency and that if I am consistently slow up the hill, I might win the media challenge. I just don't want to be slow – I want to go faster. On my last run I just gun it up that hill. Stay on the gas, don't lose the momentum! I didn't win the media challenge, but I was very happy with my 57.5 seconds. Now I'm hooked. I will definitely be back next year, maybe in a slightly more competitive car. **GQ**



Desmond Gutzeit's record-breaking Nissan Skyline R32 GT-R



Jaguar Simola Hillclimb
6-8 May 2016
speedfestival.co.za



blah
blah
blah
blah

Adventure time

Over a month of test driving **Dieter Losskarn** was the envy of mini-bus drivers, street racers, soccer moms and abseiling Disco divas

I am waiting at a robot and the minibus drivers around me are visibly agitated. They talk and point at my car – in what sounds to me like praise. That's a first. I usually don't drive seven-seater Nissans. I prefer them with five seats or less. Somehow the **Nissan NV200** landed in my driveway and I just gave it a go. If you are making your living as a fearless minibus taxi driver this rather cool-looking people carrier with its 1.5-l. dci diesel engine (66kW, 200Nm, five-speed manual) and friendly Nissan face might be holy grail material. I love and collect old rusty

stuff, like enamel signs, oil cans or petrol pumps and this would be the ideal picking car. American reality TV shows destroyed most of my hobbies, but there is still the odd bargain around. But you'll only drive a bargain if you arrive in the unassuming NV200. At R308 400 it must be one of the most affordable ways to transport seven people in South Africa.

Staying with space- and mom's-taxi material, my other utilitarian encounter was with a van-dalised **VW Golf SV**. The SV is built on the same platform as the regular Golf, with a more practical bigger

body. One can choose from three different engines and two specification grades. Prices range from R292 500 to R359 200. It's a very practical way of getting from A to B, but I found it even more embarrassing to drive than the NV200 – therefore I parked it still further away from my favourite hangouts.

Luckily the cars that followed were all front-row material, when it comes to prominent display parking. Let's start with the small and loud and thoroughly enjoyable **VW Polo GTI**. On the road it feels closer to the original Golf GTI than the current Golf GTI. I loved the seven-speed DSG gearbox, but there is a six-speed manual available for purists as well. The hot hatch has a 1.8-l. 141kW powerplant >>



The small and loud and thoroughly enjoyable Polo GTI was close to being the most attractive car of the lot...





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Wir leben Autos.

NEW CARS

and sets you back R326 400. If it hadn't been for the next car, the Polo GTI would also have been the most attractive of the lot. At least this honour goes to a family member.

The iconic **Audi TT Coupé** 2.0-l. FSI Quattro S-tronic is back, in its third generation. It's a gorgeous blend of power and beauty. The turbocharged four-cylinder mobilises 169kW and 370Nm of torque. The road holding, even in pouring rain and on slippery wet roads, is Quattro-phenomenal. This German supermodel sets you back R642 000.

Remember the **Hyundai Veloster**? Yes, the one with the quirky door design, one door on one side and two on the other. The Korean sportscar instantly grew on me and became my favourite Hyundai. The only thing missing was power. Now, with the introduction of the Hyundai Veloster Turbo, this problem is solved. The new 1.6-l. engine is the basis of the i20 WRC rally car. In the Turbo version of the street-legal Veloster, which adequately features a more aggressive body design, the power output is 150kW with 265Nm of torque.

You can choose a six-speed manual or seven-speed auto. I like most of the new lightning-quick auto boxes, but this one is crap. If you want to enjoy your Veloster, go for the manual. At R379 900 for the manual, the South Korean sports coupé is not cheap, but Hyundai is convinced that customers will pay for quality.

And just when I thought I would have to drive the whole month without a 4x4, Land Rover launched its **2015 Discovery Sport** during an adrenaline-fuelled trip through the Karoo. After conquering my favourite mountain pass in SA – the Swartberg Pass, between Oudsthoorn and Prince Albert – I did my first-ever abseil, down a dam wall (or rather, a damn wall).

The Discovery Sport is not a replacement for the discontinued Freelander, but rather another model in the Discovery portfolio. Land Rover now has three distinct model groups: Range Rover, Discovery and Defender. The Discovery Sport combines the off-road abilities of the Disco with the stylish appearance, the agile handling and ride comfort of the Evoque.

Naturally the premium compact SUV comes with the latest generation terrain response and a class-leading wading depth of 600mm. Next up is a facelift of the Discovery and – most probably soon – the new Defender? I can hardly wait. **GQ**

nissan.co.za, vw.co.za, audi.co.za,
hyundai.co.za, landrover.co.za



The spirit of denim in every stitch

Keep your style original with **Polo Jeans Co.**

Polo Jeans Co. check shirt R899, printed T-shirt R299, jeans R1 299

What sets your jeans

apart? Is it the gradient of wash? Or the heritage of the brand? Shaped by every memory, they come to embody a soul and an attitude that is uniquely your own. That's why it takes a special brand of jeans to make a man: straightforward denim, innovative construction, a contemporary refinement of design and a rich heritage that stays true to its original spirit.

That's where **Polo Jeans Co.** takes centre stage. As the newly launched signature denim wing of iconic fashion label Polo, **Polo Jeans Co.** comprises a selection of washes and signature fits, with tees, shirts, knits and jackets.

ROCK THE LOOK



Polo Jeans Co.
check shirt R899



Polo Jeans Co.
printed T-shirt R299



Polo Jeans Co.
skinny jeans R899



Polo Jeans Co.

in association with AMP events, is hosting an evening with rock icon Ed Kowalczyk on the SA leg of his 'Throwing Copper Unplugged 20th Anniversary' world tour, from 23-24 September in Jo'burg and 25-26 September in Cape Town. Set yourself apart and tell your own story in a pair of denims from **Polo Jeans Co.**

Jonathan D.

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BEHAVIOUR

Enough of this corporate bollocks!

Whatever the CEO wants to call it, this blight on office life has to stop... going forward

I'VE A FRIEND WITH A PROPER

job, where you wear a tie, and go to an office, have a secretary, and all that sort of stuff. Given that most of my peers these days work in glorified garden sheds, we all find him fascinating. Anyway, he toddled into work the other day for a meeting. Everyone was crammed into a room with no chairs and staring at a guy with a red pen.

'What's with the pen?' he said.

'Shh,' they all said.

'No, seriously,' he said. 'What's with the pen?'

'You may only speak,' said the guy with the pen, 'when you have the pen.'

'Can I have the pen?' he said.

'Shhh,' they all said.

'Fine,' he said, and left, and fetched another pen, brought it back in, and said, 'This whole pen thing is total bollocks.' And then there was a lot of shouting.

The chairs had gone months earlier, when somebody renamed 'meetings' as 'stand-ups' – the theory being that, if people have chairs, then meetings last too long because people never want to leave. The real

trouble came when you had a stand-up in a room which still had chairs in it; there was never enough space. So they started having 'sit-down stand-ups', and nobody ever mentioned that this was odd.

I once read that Sheryl Sandberg, CEO of Facebook (many meetings), and veteran of Google (even more meetings) and the US Treasury (basically one big meeting that's been running since 1789) noticed that male executives speak far more than female ones. And the insinuation here is that they believe they have more to say.

Nah. Men aren't more confident in meetings. They're just more bored. We've taken apart our pens and put them back together. We've hummed at the exact tone and pitch of the air con, to see if anybody would notice (nobody has).

Then, suddenly, we've clicked back into focus. 'Hell,' we've thought to ourselves. 'He's still talking? He's not even telling us anything. He's just saying "going forward" and "liaison" over and over again. And if it doesn't end soon, I shall lose my mind. Thus, I must start talking instead.'

Still, I am fortunate. My rare meetings these days are brief, sensible affairs, centred around people telling me to go away and do things – how it should be. Occasionally I'm sucked into endless meetings, with people who have had a pre-meeting meeting, and will meet after for a meeting about how it went. I can't cope. My mind drifts back to the worst torture of my teens: geography lessons, during which we used to get stoned on solvent. Stuck in a meeting, I feel I have still not recovered from a particularly strong hit I took in 1991; Mrs Whatsherface going on about bloody coastal erosion. I chew pens and fear I have an inky beard. 'Oh God,' I think. 'Is this really necessary? Can't you just send me a fucking text?' **GQ**

Occasionally I'm sucked into endless meetings, with people who have had a pre-meeting meeting, and will meet after about how it went. I can't cope



ILLUSTRATION BY ANDRÉ CARRILHO



Hugo Rifkind has survived one too many meetings that should have been emails

SEX

Touching the void

Rebecca Newman tempts out solutions to three carnal concerns

FROM FINDING HER REAL SWEET SPOT to the simple moves that will rouse her senses, our sensual sexpert has all the answers to the questions of love that have been teasing you.

Oracle, please give me a handiwork tip which will make her forever mine?

AG, by email

Sigh. You ask such small things from me. (She flexes her arms in their Margiela gauntlets and gazes through her turret window.) However, since you asked nicely: most men find a few amorous approaches that work and then begin to lose the fabulous inventiveness that marked our early sexual endeavours. Rewind. Remember that every part of her sex will repay attention and that the longer you take – the more you blend a whole hand across her pussy with, say, featherlight kissing of the soft curve of her waist while drawing a pointed tongue round the flat of her stiffened nipples – the more she will melt into you.

You know the primary areas: her clitoris, shaped like a wishbone. You know that stimulating these twin 'crura' will deepen her experience. You know that akin to your penis, there are sensitive spots on the shaft of her clitoris that will leave her whimpering if only you touch them. (Lay your fingers in the grooves inside her labia and run your digits together such that you are giving a mini handjob.)

You know that her G is about a finger's length inside her, a walnut-like area which you will find by beckoning in the direction of her navel and which, unlike the clitoris, often responds better to pressure than to movement. Moreover, you know that if you have the fingers of one hand inside her, you can stimulate the G externally by pressing down on her belly beneath her navel.

You know that her labia are wonderfully responsive. Aside from pulling and stroking them with your hands, kiss and suck them while masturbating... my darling, there are so many, many things to be done while tossing a woman.

Mistress, a confession. I don't actually enjoy blow jobs. Should I tell her?

RW, by email

Interesting. As you'll have gathered, along with earning more than her friends, parallel parking and rocking lasered leather, fellatio is one of those skills a modern gal considers *sine qua non*.

So the question here, really, is what don't you like? It may be that you don't find most proximate sexual activities actually that intimate. In which case, consider, perhaps, a combination of sweet genital kiss with her teasing your well-lubed shaft with her fingertips as she kisses up to your face.

It may be that you find the pressure insignificant. Alternatively, it may be the problem is too much pressure (give feedback – the onus is on you!).

In short, don't suffer in silence. But see if there is a way for you to enable her to demonstrate her devotion, her awed

enjoyment, heck, even her skill. Physically and psychologically, giving head will mean a great deal.

Goddess, I am off travelling for a while and leaving my sweet all alone. A toy that will keep her occupied?

RO, by email

You may remember the buzz – ahem – that surrounded Lelo's Ora: a circular toy beneath whose soft silicone surface is a small nub that re-creates the effect of cunnilingus. Like the original, Ora 2 (R1 949, lelo.com) boasts ten stimulation modes – fast butterfly flicks, long and languorous laps – but now the tongue/nub is larger for more convincing 'licks'. But the most exciting part is the SenseTouch technology – if you press it hard, the intensity of the vibrations increases. I can assure you this is a masterful touch. Lucky girl. **GQ**

➔ More weekly sex advice at GQ.co.za



Rebecca Newman
is your first port of call
when it comes to sex

Along with earning more than her friends, parallel parking and rocking lasered leather, fellatio is one of those skills a modern gal considers *sine qua non*

LIFE

Life in the west

Conrad Beegs walks the line in Lagos

STAND OVER THERE. WHERE? There. Here? No, here. The finger points at a faded yellow line. Adverts for mobile phones and banks bombard my senses – senses I am going to need as I get closer to the guarded official. I have my Nigerian visa that took me two round trips from Cape Town to Jo'burg to secure, and after that amount of effort, I want in! Even so, I feel nervous.

I shuffle forward in the heat, a heat that I am rather enjoying. A friendly, but very official-looking gentleman greets me, stamps my documentation and off I go.

I reach the airport's exit, to be greeted by hundreds of people waiting with scrawled signs of names like Mr Bonson, TVD Engineering and Thomas. I felt like a contestant on *The X-Factor* – startled, but still confident. A quick bus ride gets us to our car and half an hour later we enter the hotel. Once inside, I sit down and enjoy a local brew. I had heard nightmare stories about traffic in Lagos and thus was quite surprised at the quick journey from the airport.

I sat helplessly watching people get out of their cars to walk to the terminal – they were going to miss their flights if they didn't take action



Our correspondent makes the most of his time while stuck on Nigeria's highways

I awake to the sound of my loan phone. A little later I am in a Toyota taxi heading for my first meeting. The sun is shining and all is good, but then... nothing. All the cars, buses and trucks have come to a standstill. This is the dreaded Lagos traffic I was warned about. I can see our destination from where I am sitting in the back seat. It's not far; we just need to get over the bridge. It shouldn't take too long.

Roughly two hours later, my taxi has moved 250 metres. I'm late for the meeting. I get a bit panicky; the other occupants of the car just laugh as this congestion is quite standard. I have seen the same Heineken billboard and the guy on the side of the road, who has been trying to sell me a very nice-looking watch for what feels like half a day.

I make it to the meeting, late and watchless, but the client doesn't seem to mind – my excuse is not one that can't be believed. I'm offered a coffee and start panicking again. Was it made with bottled water? I have a phobia about drinking water no matter where I am in the world. Too late: it's on the table, and everyone takes a sip.

The meeting goes well. I shake hands, pack my bags and get lost trying to leave the building. After a few wrong loops I find the exit and venture back out into the heat that engulfs the city. As we begin our drive back to the city centre and over one of the longest bridges in the Southern Hemisphere – it's quite something – I wonder whether opening the window to get some fresh air is better than breathing in the recycled aircon. I settle for half and half, closing the window every time a bright yellow bus thunders past.

The next two days are a blur made up of car journeys between my hotel and the office, training sessions and socialising over beers.

Then it's time to fly out. My flight is only at 9pm but I am warned that I should leave five hours before to make it in time. I jump in the car and off we go. In most countries billboard advertising is short and to the point due to the fact that cars tend to move past them quite quickly. Here in Lagos, especially on the airport approach road, you could read a full novel on a billboard. I sat helplessly for hours watching people get out of their cars with their bags and proceed to walk – they were going to miss their flights if they didn't take action. I, on the other hand, left the office quite early and had only lost about three hours sitting about in traffic. I was okay except for the fact that the fine local brews that I had consumed before leaving for the airport had reached their full process point and wanted out.

Within another hour I had reached the terminal where, with the help of three security guards, I found a toilet. Then came the checkpoints – there are still plenty of rules. I was made to walk down the same queue twice, even though there wasn't another person in the line. It was punishment enforced by a steely eyed official for my ducking under a barrier.

In the plane I think back on my 48 hours in this amazing place. There's an energy, a beauty, to this thriving city. My experience is that you need more time to appreciate it all. I even heard that there was a fantastic surfing spot on the edge of the city. Perhaps the best option is to make your commute a mobile office. Make sure you're fully charged before leaving your hotel, and sit back and appreciate the buzz of an African economy working full steam ahead. **GQ**

The Sweet Spot

We couldn't think of a better summer muse than the green-eyed, ginger haired, perfectly built **Cintia Dicker**

Words by Daniel Salles. Photographs by Yuri Sardenberg



FRIDAY, EARLY AFTERNOON. The intercom rings at the time we'd agreed. A girl opens the door. She's barefoot, in denim shorts and a loose T-shirt. It takes me a few seconds to recognise the model shot so many times in a bikini, hair blowing in the wind, or squeezed into provocative bras for lingerie brands. Cintia Dicker has a different beauty to the one we see in the media. Less posed. More accessible. Her freckles are more visible than in pictures.

Her hair looks less red. 'I haven't been out at all today because my agent said you were coming from São Paulo just for this,' she jokes, before she sprawls out on a couch, hugging her left leg. The spacious Leblon apartment, in the south of Rio de Janeiro, is where her dentist boyfriend Pedro Garcia lives. His mother, the owner, also resides here, as does Cintia. I ask her if she has any issues with sharing a roof with her mother-in-law. 'I never see her, except at >>





dinnertime [she laughs]. But Pedro knows he needs a place of his own.' Pedro, a 30-year-old local and keen surfer of healthy habits, won her heart in a way that we wouldn't recommend. He met her at his consultation rooms, where she arrived one day with a cavity filling in her hand. After the consultation, he suggested they exchange numbers – in case she had any further problems, you know how it goes. He started bombarding her with text messages, in which the prescription was that they should meet up for dinner. When he eventually proposed a trip to Hawaii, she became suspicious and decided to block the doctor's number. 'I didn't know what he was all about. I started to think he might kidnap me.'



However, she started to miss all that insistence. When they bumped into each other at a beach in Barra da Tijuca, and the guy started again, Cintia fell that same day. The relationship seems to be going wonderfully. 'With Pedro, I feel it's not just a teenage love.' But isn't the best love always the current one? 'That's true,' she says, laughing out loud. 'But it's just that now everything is so good, so calm, that it feels like all the other relationships weren't as good as this... we trust each other.'

And on that note, I feel compelled to ask her how important sex is for her. 'It's very important. To keep a relationship healthy, you must have sex at least four times a week.' Okay? 'That's why it's important to be with someone you trust, who teaches you and explains things.'

She credits that trust to how her other two relationships developed, in which she says she was very much in love. Her previous relationship with a businessman who dated Gisele Bündchen and Isabella Fiorenzino, lasted nine months and ended 90 days before it was to become a marriage. 'Everything was organised, but Ricardo was too jealous. He couldn't accept that I would go out with my friends – he'd say that someone that was going to be married couldn't be going out at night.' Lesson learnt: faithfulness is important, but without hypocrisy. 'Now, if a good-looking guy walks by I'll look at him. And if I see an attractive woman and I'm with my partner, I point her out.'

After her first big heartbreak – a relationship with model Rafael Lazzini that ended after four years – she had the words 'My Love' tattooed on her hip. 'I didn't want to lose him for anything in the world. I ended up going back to my



'To keep a relationship healthy, you must have sex at least four times a week'

mother's home, I wanted to die...' Lessons learnt: it doesn't work to be possessive of your partner, and nobody dies of love.




Overcoming that relationship merited another tattoo on her skin – the word 'Freedom', on her ribs. Those are accompanied by a symbol of infinity (wrist), a diamond (arm), a mandala (bicep), a rose (neck) and the word 'Luck' (wrist). 'My Love' is still there. Did that not make the following boyfriends uncomfortable? 'I went for something generic [she laughs].' Then she adds, more seriously: 'Each tattoo has its story, they're related to something that's happened in my life, there's no need to put it away.'

I invite Cintia to tell me her story from the beginning. The stage is the little town of Campo Bom, a countryside town close to Novo Hamburgo, Brazil, where she was born. She doesn't remember her father. He died in an accident when she was only two – he lost control of his motorbike and ended up under a truck. Her mother supported her by working in a fabric store. The father figure was replaced by her grandparents and a bunch of uncles (her mother has 12 siblings). 'I was really spoiled. I had a humble childhood, without major concerns.' With the exception of her freckles, which became more and more abundant. 'I hated them. At school I was always called something like little spark, fireworks, sausage...' At around the age of 12, she put all her hope in the ridiculous

'If a good-looking guy walks by I'll look at him. And if I see an attractive woman and I'm with my partner, I point her out'

solution she came to hear about: rice water, applied on the skin. It took her a while to realise that rubbing her face with the liquid was getting her nowhere. Then she started going out wearing sunscreen, which was more effective. She is now proud of her freckles. 'I owe them a lot, they're what make me different.'

Cintia's career started at age 15. While walking around a shopping mall with a friend in Novo Hamburgo, she heard about a call to pose for campaigns in São Paulo. With the help of relatives and friends, she bought a bus ticket. She came back not long after, hating the idea of working in the modelling world. 'I remember the first ads I did, for a toothpaste. They would take nearly a full day and it involved around 50 people. It was too much for a little country girl.' Her first offer of seven thousand Brazilian reais (R27 000) made her change her mind. Before long she was working in Tokyo, Paris and finally New York. Before getting her first passport, she was convinced to change her father's surname. 'Dick', they explained, meant something else outside Campo Bom. She says she's open to new ideas for acting, as long as they're short, so she can combine them with her commitments as a model. 



Behind-the-scenes video at
GQ.co.za



A portrait of a man with a beard and short dark hair, wearing a dark green suit, white shirt, and a yellow and white striped tie. He is holding a white rugby ball with green and yellow patterns and the words 'SOUTH AFRICA' printed on it. He is looking down at the ball with a slight smile. A red pocket square is visible in his suit jacket, and a black watch with a white face is on his left wrist.

STAR IN THE MAKING

**DAMIAN DE
ALLENDE**

*One of the hottest
properties in
South African rugby*

TAKING CENTRE STAGE

GQ talks with some of the nation's key players ahead of the **Rugby World Cup**

Words by Grant Shub
Photographs by Gavin Kleinschmidt

Damian de Allende's first love was soccer. In junior school, he would model his game on his idol Steven Gerrard. The die-hard Liverpool supporter admits he was forced into playing rugby because his school, Milnerton High, only offered soccer from Grade 10 until Matric.

The 23-year-old, who stands 1.89m tall and tips the scales at 101kg, has morphed into one of the hottest properties in rugby owing to his pace, power, insatiable appetite and positive attitude.

'The difference between winners and losers in life is determined by attitude,' De Allende says, without batting an eyelid. 'No matter where you come from, if you have the attitude to work hard for yourself and the team, you can go a long way. My game has improved immensely this year and I have taken the position into my own hands, but that won't stop me from wanting to achieve more.'

His path towards professional rugby had its peaks and troughs. 'I will never forget our first couple of rugby games in Grade 8 because we got pumped by 50 points,' he chuckles. 'We were new to rugby and didn't really understand the laws of the game, but I'm proud we persevered as a team and, as an individual, my love for the game grew.' >>



De Allende became a regular feature for the first XV in Grade 10, going on to play 50 games for the team. In 2009, a 17-year-old De Allende failed to crack Western Province's Craven Week side, but he brushed off the disappointment in the same manner he deals with would-be defenders. 'I wasn't really upset. I recall telling my dad, Tony, at the time that even though I didn't earn selection, I still wanted to pursue rugby as my career.'

De Allende had an imposing season, beating almost every defender he played against at Super Rugby and Test level. As an inside centre, starting for the Springboks at their sixth World Cup campaign this month looks likely.

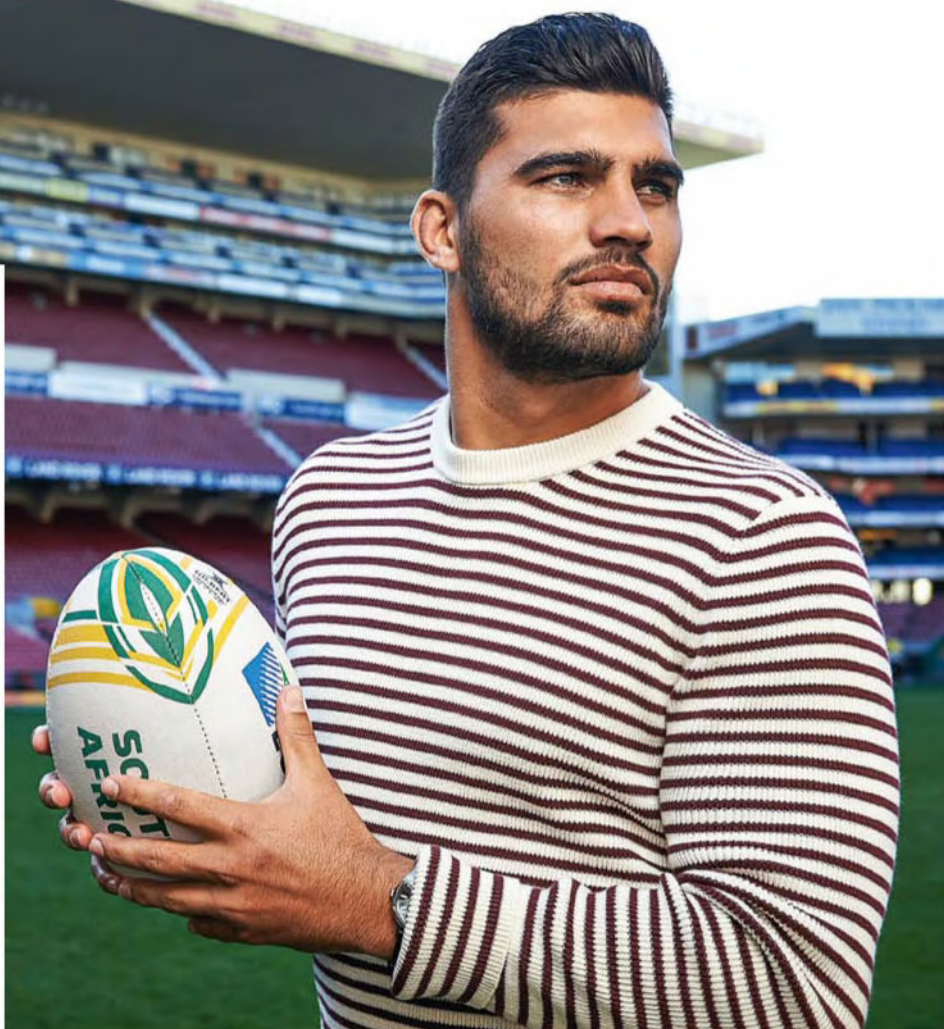
I ask if he feels overawed by the occasion or fully prepared to take centre stage. 'It's quite scary to think that I have an opportunity to play in the World Cup, but nothing is a given. When my opportunity comes, I have to man up in the midfield. Centre is one of the toughest positions on the rugby field because you have to be like a back and a forward.'

Of Spanish descent, he understands that rugby is equal parts brain and brawn. 'It's not just about being physical – you have to be smart about the game and look to steal metres from midfield.'

Although De Allende and Jean de Villiers are rivals for the number 12 jersey for both club and country, the latter has been gracious in terms of passing on technical nous and game principles to the former.

While De Allende admits he is not one of the oval game's deep thinkers and plays primarily on instinct, with experience comes an enhanced understanding of the subtle nuances of the game. 'Once you have played at centre for a while, taking ownership of the position comes more naturally to you. From personal experience, you end up making better decisions for yourself and the team.'

While he has matured quickly as a player and person since he first earned his senior debut in 2012, De Allende is a self-appraised work in progress. He is under no illusions that he needs to improve his decision making off turn-overs and his defence. To offer evidence, he missed the joint-highest number of tackles in Super Rugby this term. However, such are flaws which can be fixed.



'My game has improved immensely this year, but that won't stop me from wanting to achieve more'

On his rugby future...

'Newlands is like a second home to me and it's a family-based union, which is special. I'm really enjoying my rugby with Western Province. But I still want to travel the world and experience Europe, and hopefully play my rugby up north one day.'

On other sporting interests...

'I was never really into golf, but after

a number of my teammates convinced me to try my hand at the sport earlier this year, I'm proud to say the bug has finally bitten. It's enjoyable to make memories on the course with a few good mates. I'm an inconsistent golfer – I range from good to terrible – and would probably play off a 30 handicap. However, I always have fun and that's what matters most.'

On Heyneke Meyer...

'He is well-spoken and a strong motivator. On days when you feel mentally and physically fatigued, his motivational skills take on real significance. We can rely on Heyneke to pick us up before a game and infuse energy, but he is also a straight talker and tells it like it is. In a team sport, a coach can't be nice to his players all the time, because honesty

aids a side's development.'

His favourite...

Movies:

'I love comedies. My favourite film is *The Other Guys* starring Will Farrell and Mark Wahlberg. I could watch it 100 times in a row and still laugh at the same jokes.'

Holiday destinations:

Barcelona and Madrid

Musicians:

Drake and Jack Johnson

Athlete:

Steven Gerrard

LESSONS FROM THE CAPTAIN

Springbok legend **JEAN DE VILLIERS** offers some pearls of wisdom



Often when an injury strikes the captain of a side, a coach will consider a replacement. But Jean de Villiers has worked his way back onto the field since dislocating his knee in a match against Wales. He tells GQ about overcoming setbacks and leading his side to victory.

GQ: What is the breakfast of champions?

Jean de Villiers: I usually skip breakfast and snack on biltong, or enjoy a protein shake. Reputable supplements are useful to aid recovery post training for when I don't eat well.

GQ: When do you start your day?

JDV: I am usually up at 6am on account of my three kids being under the age of three. Parenting can be tough, but I wouldn't change it for the world.

GQ: What is the best piece of advice you've ever been given (and by whom)?

JDV: My parents, André and Louise, both told me to work hard for what I want and to constantly strive to do my best. I was raised to be grateful for what I have and to make the most of life.

GQ: What's been the biggest setback of your career?

JDV: My latest knee injury is definitely the biggest physical setback I've >>

Brooksfield blazer R1 499. **House of Monatic** shirt R295. **Carducci** trousers R300. **Trenery** tie R499

Left:
GAP at Stuttards
knit R700

Opening spread:
Carducci suit R1 995.
House of Monatic
shirt R295, tie R100.
Pocket square, stylist's
own. **Sterling** at NWJ
watch R3 070

'Through hard work, anything is achievable in life. I have been written off many times, and coming back stronger from setbacks ultimately separates winners from losers'



GAP at Stuttards
cardigan R1000, shirt
R700, T-shirt R350.
Levi's jeans R999.
Shoes, stylist's own

endured. It was a huge injury and not one I was supposed to come back from. But it never set me back; it motivated me even more to return to the playing field and partake in the World Cup. A personal setback I suffered was the loss of close friend Francois 'Swys' Swart who died in a car accident in 2004. It was a tough time in my life.

GQ: Are your best decisions based on instinct or information?

JDV: On-field, my best decisions are made instinctively, but in life, I make good decisions based on information.

GQ: What do you think is the secret to your success?

JDV: Hard work, a positive attitude and a bit of luck along the way. I'm happy with what I have achieved thus far, but winning the World Cup is high on my priority list and something I want to be a part of. I believe success is relative, because once

you have reached a certain level, you want to achieve more.

GQ: What separates the winners from the losers?

JDV: Hard work and never giving up. Through hard work, anything is achievable in life. I have been written off many times, and coming back stronger from setbacks ultimately separates winners from losers.

GQ: How do you get the best from your team?

JDV: Primarily by creating an environment in which people want to excel. From my point of view, as a captain, it's also about motivating my teammates and sharing life lessons with younger players.

GQ: How does your day end?

JDV: By helping my wife Marlie bath, feed and put the kids to bed. At the twilight of my career, I realise what is most important, and for now, I'm getting the balance right. Family time is just so precious.



Lwazi Mvovo

The Springbok speedster tracks back

GQ: What are your memories of your Springbok debut in 2010?

Lwazi Mvovo: Unfortunately, we lost 21-17 to Scotland, but it was still a special moment for me to wear the Springbok jersey for the first time. I had dreamt of that opportunity my whole career. Even though my family couldn't be there on the day, they were very happy for me and proud of my achievement.

GQ: What does it mean to you to represent South Africa?

LM: Playing for my country is an honour and a privilege. It's always surreal playing for the Springboks because the team represents an entire nation.

GQ: What is your earliest Rugby World Cup memory?

LM: The 1995 World Cup – it was our first title and united our country during tough political times, but I never got to watch that tournament. The 2003 World Cup was the first tournament I followed from start to finish, and it made me more interested in playing the game.

GQ: Complete the sentence: 'Winning the World Cup would be...'

LM: Very important, not just for me or for us as a team, but for the millions of Springbok fans who watch each and every game of ours, and who support us unconditionally through thick and thin.

GQ: Your biggest supporters?

LM: My mom Nomaorlando would definitely be my number one supporter. She doesn't understand the rules of the game very well, but I've explained tries, conversions and penalties. My fiancée Stephanie is also a staunch cheerleader of mine and if she's not in the stands, she calls me after every match.



Suits, Season 4

Fridays - Express from the U.S at 2:30 am and Thursdays at 19:30 on M-Net, Channel 101.

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Joel Stransky recalls *that* winning kick

The man who kicked the World Cup-winning drop goal in 1995 shares his memories and explains what it takes to win the tournament.

GQ: How did that successful drop goal in the second stanza of extra-time impact upon your life?

Joel Stransky: That drop goal absolutely changed my life because it propelled me into a certain level of fame. There is no doubt that it changed all of our lives for the better, and is still spoken of 20 years later.

GQ: Is it true that your famous kick in the final against New Zealand almost never came to pass?

JS: Yes. We had a backline move called, but when I saw how the All Blacks were positioned, there was a good channel to step into to make the kick. So I called to Joost [van de Westhuizen], we changed the move and he made the pass. It was one of the sweetest kicks I ever struck.

GQ: How was meeting Nelson Mandela?

JS: As a team, we met him before the opening game and final, but I was fortunate to go with my wife, Karen, to his house for lunch. That was one of my life's highlights.

GQ: Who did you room with during the 1995 World Cup and what was the funniest moment?

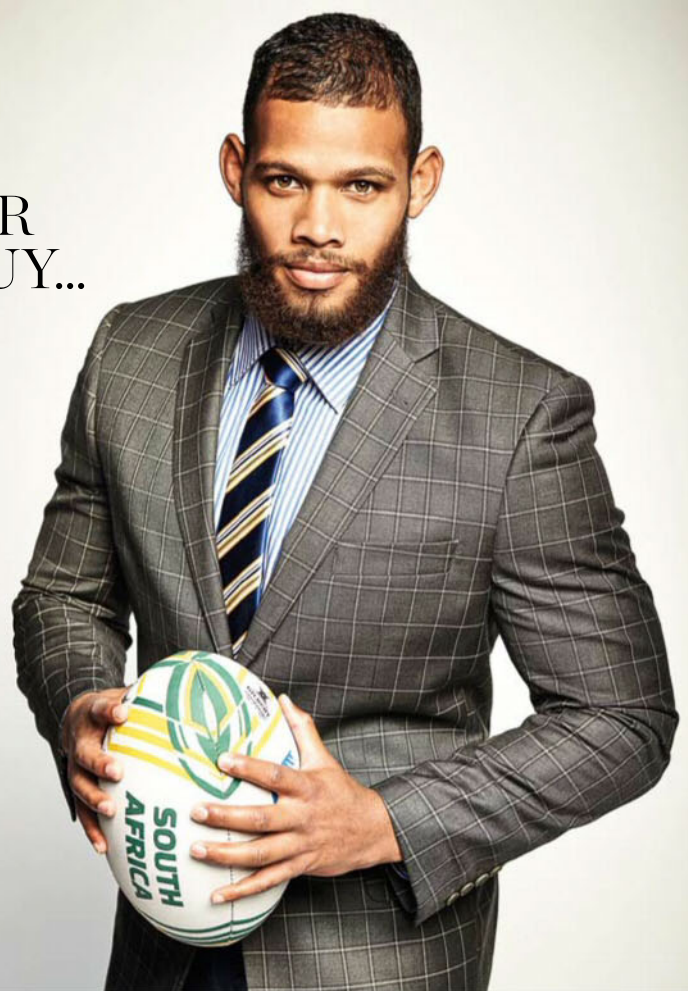
JS: Mark Andrews. After our win over Romania in Cape Town, Rudolf Straeuli returned to the team hotel with a big snoek he had purchased at the harbour. Rudolf planted it in Mark's bed, and when he later returned to his room, he climbed into bed with a dead snoek. It was priceless.

GQ: What are the key ingredients required to win a World Cup?

JS: I believe you need a balanced squad and a team capable of playing knock-out rugby. Enjoyment is also crucial because if you enjoy something you tend to do it better.

LOOK OUT FOR THIS GUY...

NIZAAM CARR'S
World Cup time will come



Nizaam Carr has faced an uphill path to professional rugby. Growing up in Mitchells Plain, his story is one of sacrifice and a deep desire to beat the odds. While he received a bursary to attend Bishops after a scout spotted his talent, Carr recalls that getting to and from rugby training was no easy matter. Regular bicycle tyre punctures didn't help. As a schoolboy player, though, he made his first big impact on the game.

'Looking back, I struggled big time with the club I started with – Collegians in Durban – but I wouldn't change a single day,' he says. 'My journey to the top makes perfect sense and has moulded me into the man I am today. I'm also indebted to my parents for the many sacrifices they made.'

Carr has developed into a highly proficient rugby player. He is a skilful loose forward with the ability to pick a pass, and

his spatial awareness of width and depth on the field is one of his finest qualities.

'I pride myself on my ability to run good lines, my passing game and ability to identify space,' says Carr, who earned his debut Springbok cap in 2014 against Italy, and missed his brother Riyaz's wedding as a result. When his country calls, Carr answers because nothing makes him prouder. He was a contender, but in the end did not make the World Cup squad.

'In a World Cup year, you have to peak at the right time and play your best rugby,' Carr says. 'I don't think I have hit the heights I can, but after overcoming a virus I'm getting back to my best.'

'There are probably around 20 world-class loose forwards in South Africa, so it's tough to crack the nod. But with hard work and game time, I believe I can make my mark with the Springboks.'

On his dream dinner guests...

'Muhammad Ali, to hear about how he converted to Islam, and Floyd Mayweather, who exudes confidence.'

On fashion...

'I'm sponsored by Canterbury, so they basically dress me. Most of my jeans are from Mizuno. Another favourite label of mine is G-Star'

Raw – their range of clothing is classy and suits my vintage style.'

On giving back...


'I've opened an academy in Lansdowne. It encompasses

academics and three sporting codes – to give back to the community. If I can change just one boy's life, that will make me really happy.' **GQ**

sovietdenim.com

SOVIET

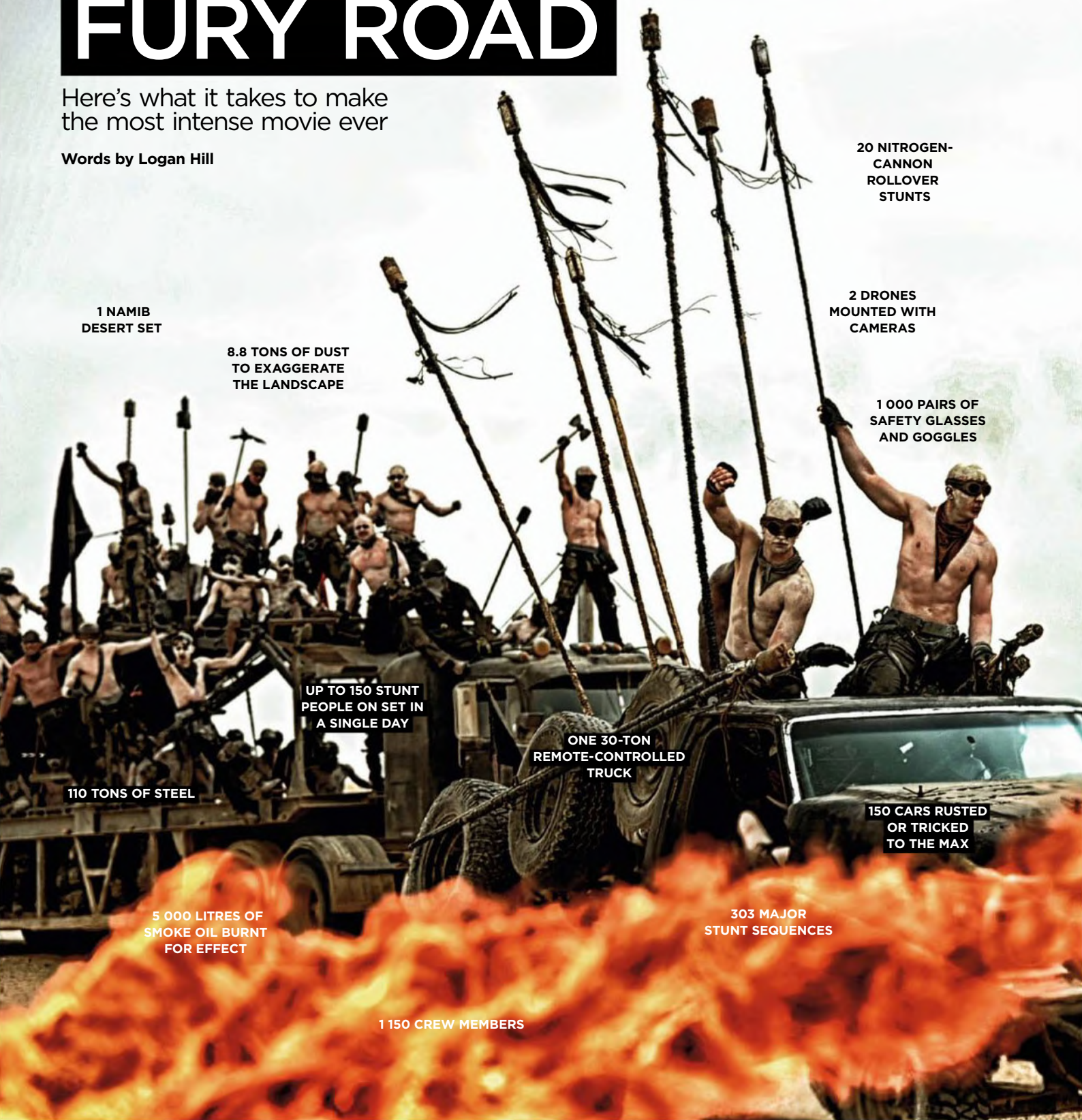
REAL PEOPLE. REAL DENIM.

—  —
SPRING SUMMER COLLECTION '15

THE MADNESS OF FURY ROAD

Here's what it takes to make
the most intense movie ever

Words by Logan Hill



1 NAMIB
DESERT SET

8.8 TONS OF DUST
TO EXAGGERATE
THE LANDSCAPE

20 NITROGEN-
CANNON
ROLLOVER
STUNTS

2 DRONES
MOUNTED WITH
CAMERAS

1 000 PAIRS OF
SAFETY GLASSES
AND GOGGLES

UP TO 150 STUNT
PEOPLE ON SET IN
A SINGLE DAY

110 TONS OF STEEL

ONE 30-TON
REMOTE-CONTROLLED
TRUCK

150 CARS RUSTED
OR TRICKED
TO THE MAX

5 000 LITRES OF
SMOKE OIL BURNT
FOR EFFECT

303 MAJOR
STUNT SEQUENCES

1 150 CREW MEMBERS

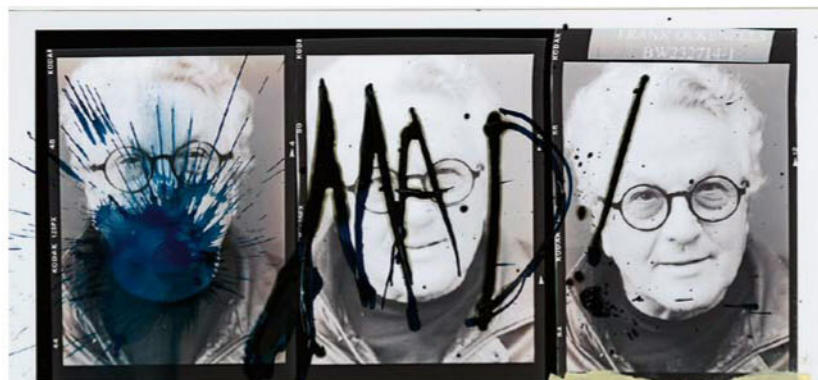
Half a lifetime ago, George Miller unleashed 1979's *Mad Max*: a dirt-cheap, post-apocalyptic thriller starring Mel Gibson as a badass, hard-driving survivor. The hit film and its sequels, *Mad Max 2: The Road Warrior* (1981) and *Mad Max Beyond Thunderdome* (1985), revved up the next generation of high-speed action cinema, but it was the fourth, *Mad Max: Fury Road*, with Tom Hardy and Charlize Theron, that pushed his dystopian world to extremes.

The film – an almost continuous chase – shot mostly in-camera by a crew of more than 1 000, with real 18-wheelers battling in the Namibian desert, ‘couldn’t be made artificially,’ Miller says. ‘We decided to go old-school.’

‘In the 30-odd years since,’ says Miller, 70, who also directed *The Witches of Eastwick*, *Happy Feet* and *Babe*, ‘not only has the world changed, cinema has changed. The way we experience films has changed. And I’ve changed too.’

70 ULTRA
HIGH-RISK
STUNTS

0 SIGNIFICANT
ACCIDENTS



GQ: Max debuted in 1979. Why does he remain such an iconic character?

George Miller: He’s all of us, amplified. Each of us in our own way is looking for meaning in a chaotic world. He’s got that one instinct – to survive. After the first *Mad Max*, we went to Japan and they said, ‘We know this character, he’s a ronin, like a samurai.’ In Scandinavia they called him a lone Viking. To others, he’s a classic American Western figure.

GQ: Why was Tom Hardy the right guy to succeed Mel Gibson?

GM: Working with animals on the *Babe* movies, I’ve noticed that they have a tremendous magnetism: both those guys have that same animal-like quality. They’re warm and accessible and lovable, but there’s something dangerous about them. No matter how still they are, there’s something powerful going on behind the eyes – like a tiger that can claw you to death.

GQ: Despite advances in CGI, you shot *Fury Road* as much as possible in-camera with practical effects. Why?

GM: It’s not a fantasy film. It doesn’t have dragons and spaceships. It’s a film very rooted to Earth. A kind of crazy demented quality to everyone’s behaviour arises out of this extreme, elemental, post-apocalyptic world. We needed to make it feel as real as possible.

GQ: How did you define that reality?

GM: All of the catastrophic events we read about in the news – economic collapse, power grids breaking down, wholesale climate change, some nuclear skirmish on the other side of the globe – as of next Wednesday, all of those things will have happened. Then we jump 45 years into the future. There, we have a world that has regressed back to almost medieval behaviour. Only the artefacts of the present world survive. For instance, the kind of vehicles we have now, which rely so much on computers, really wouldn’t survive in a post-apocalyptic world. But the hot rods and muscle cars not only survive, they become almost fetishised, like religious artefacts.

GQ: But you’re no technophobe. You used some advanced tools that didn’t exist in 1979 when you made *Mad Max*, right?

GM: In countless ways, the technology enabled all the real-world stuff. Communication. Digital cameras. Video-split technology. The biggest thing was just the safety rigs. When I was a kid I’d watch incredible stuntmen in Westerns fighting on top of a train. They had to walk very carefully – one slip and there was death. Here, we were able to get our actors on top of speeding vehicles doing their own stunts and harnessed so

that, should they fall, they wouldn’t die. With CGI it’s very easy to erase those wires.

GQ: You were a doctor before you were a director. Did that make you particularly sensitive to safety?

GM: From *Mad Max 1*, I’ve been obsessed with safety. Having been a doctor who worked in emergency, I saw a lot. In Australia we had big, long roads and speed. We did not have airbags and safety belts. By the time I was out of my teens, I’d lost two friends to car accidents. On the other hand, I just love action movies. For me, the most universal language and the purest syntax of cinema is in the action movies.

GQ: You pioneered a much-imitated low camera angle for car chases. Did you update the same approach for this film?

GM: Precisely. It’s that low camera feel. Our modified SUV, the Edge, is a perfect example of combining old-school and new tech. This movie has big monster trucks hurtling through the wasteland. With the Edge, we could get a camera in amongst it all, almost dancing it was so close.

GQ: Will we see more of Max?

GM: One thing about the delay between these films is that I ended up working on two other *Mad Max* scripts. Should this one be successful, I’ve got two other stories to tell.

HOW TO FILM A HIGH-SPEED CAR CHASE IN THE DESERT

Octocopter

Environmental survey drone with a Canon 5D camera.



Storyboards

Miller didn't write a screenplay; he created 1 465 storyboards (3 454 panels) with artist Mark Sexton. In preproduction, he'd sit down with team leaders (VFX, special effects, production design and producers) and page through them, asking one by one: 'How are we going to shoot it?'

The inspiration:

George Miller: 'Central to this story is the war rig: a big tanker truck covered in spikes. I had to think of a way people could get on it, like pirates boarding a ship. I saw a performance with people on flexible poles, swaying in the wind. I thought, "Oh, that would be an interesting way to avoid the spikes." Which is why half the action takes part on top of enormous 7.5m poles.'



The poles

The crew researched many materials, from bamboo to the carbon fibre in vaulting poles. In the end they used a high-tensile steel - incredibly strong and with enough flex.

What the stunts feel like

Stuntman Sebastian Dickins (*The Wolverine*, *Star Wars: Revenge of the Sith*) has been a professional gymnast and acrobat for 30 years. Being 7.5m in the air, moving at 80km/h, on a pole, he says, 'was like swinging on a trapeze but with the axis on the bottom, not the top.'

The camera

To film the action at speed, Miller deployed four-wheel-drive, all-terrain trucks, which were outfitted with eight-metre-long robotic articulated cranes. The camera truck would weave in and out of the other cars, reaching speeds of up to 160km/h.

Warning signal

If anything went wrong, all crew members were authorised to stop the shoot by raising their fist.

The stunt team

Guy Norris auditioned hundreds of performers and says he consulted with 'a good friend connected with the Cirque du Soleil' to find gymnasts who could work on the poles.

Computer retouching

'We didn't do any CG pole cats,' says visual effects supervisor Andrew Jackson, who notes his team mainly removed tyre tracks from the background and erased safety harnesses and rigging.



A NEW WAY TO FLIP A SPEEDING CAR

'Pole cat cars'

At first Miller thought it was way too risky to have people swinging through the air on moving vehicles. 'Then Guy sent me a video: "I've got a surprise for you." Not only were there guys up on the poles swinging, but the vehicles were moving. At speed. It brought tears to my eyes. I know we couldn't have done that 30 years ago.'

Mad workload

The stunt crew put in 15 000 days during the shoot.

Stability

Pole-bearing vehicles were built with extremely wide axles so they wouldn't flip over.

Safety rigging

The stunt riggers, who check all the safety harnesses and wires, were crucial. They had to be focused over long periods of time, even through exhaustion, like 'mountain climbers,' Miller says.

Driving pods

It looks like the actors are piloting the big vehicles, but they're being steered by stunt drivers in attached pods.

Miller told his team to make the iconic *Interceptor* crash 'as spectacular as possible.' A pipe ramp would have been obtrusive in the open desert. A nitrogen-powered pole cannon would have shot a chunk of wood towards the trailing cars. So the team created a new method: the Flipper.

HOW THE FLIPPER WORKS:

Step 1:



Stuntman Guy Norris guns the *Interceptor* to about 100km/h.

Step 2:



When he hits a mark in the sand, Norris twists the wheel and hits a button that triggers a nitrogen-powered flat steel blade, which slaps the sand and retracts, sending the car into a roll.

Step 3:



'You feel it every time the car hits down. Whap. Whap. Whap,' Norris says. He got eight and a half flips on a test run, 'which would have been a world record in film.' On the day of the shoot, he got five and a half.

A sensefly drone

shot images that helped create location models to map out scenes.

Hitting the mark

Pole-cat riders wore earpieces for audio cues. But how do you hit your mark on the move? Laser pointers attached to the cars and the huge tanker served as visual markers, indicating when stunt riders were in position to swing from their pole to board.

Pole mechanisms

Initially the poles were all powered by hydraulics, but to create a more natural movement the team worked out a system of counterweights for some: cables connect to the poles and then to heavy weights (giant truck-engine blocks filled with lead), so that pushing the weight causes the top of the pole to sway a little. Push it a little more, and the pole sways more.



GUY NORRIS

A mad marauder grows up

Supervising stunt coordinator Guy Norris was 21 and feeling invincible on his first film, *Mad Max 2*, when a motorcycle crash went wrong. Instead of soaring off the bike and into 'the most sophisticated safety equipment we had: cardboard boxes,' he slammed into a dune buggy. Just days later, he shot his next scene with a broken femur. Three decades later, and now in charge of the crew, Norris performed the final stunt of his career, on *Fury Road*. 'Crashing a 10-ton truck was a nice way to go out.'

ROAD WARRIORS

MORE THAN 150 VEHICLES faced off against one another in the film's wasteland, with every major truck, car and bike looking more badass than the last. The Buzzard (left), based on a 1937 Plymouth sedan, and the Buzzard Excavator (below left) were designed with the Buzzards in mind, a bloodthirsty band of Russian-speaking guerillas occupying the Badlands, whose vehicles embody the kind of nasty you

really don't want to meet in the desert.

The Peacemaker (below) was specially built by Howe and Howe technologies to scale near-vertical sand dunes at speeds of up to 113km/h. The film's Immortan Joe, played by Hugh Keays-Byrne, pilots a mammoth vehicle called the Giga Horse, which comes equipped with a flamethrower, whale gun and a pretty neat-looking custom skull steering wheel. – NC



Get more on
Mad cars at
GQ.co.za



THE FIVE WIVES

'THE FIVE WIVES ARE THE CLASSIC MACGUFFIN IN THIS FILM, THE OBJECT EVERYONE IS AFTER,' says George Miller. 'You have to be able to instantly grab onto each one in the middle of this wild chase through the Wasteland.'

Rosie Huntington-Whiteley is The Splendid Angharad, the ad-hoc leader of the wives; **Riley Keough** is her second-in-command, Capable.

Zoë Kravitz is Toast the Knowing, who aspires to be a warrior like Furiosa; **Courtney Eaton** plays the young and naive Cheedo the Fragile; **Abbey Lee** plays the sensitive, slightly awkward The Dag. As part of their research, they spent time with feminist playwright Eve Ensler.

'All the women are vulnerable because they've never been out there in the Wasteland', says Miller.

'It hurts out there,' says Charlize Theron, the shaven-headed warrior Imperator Furiosa. 'We didn't breathe for six months while making this film.'



Her character was going to be ghostlike and albino, then Theron thought Furiosa would be stronger with her head shaved. Her layering of the character, with little dialogue and near-constant action, left co-star Tom

Hardy in awe. 'There are very few actors on the planet who can deliver such tremendous strength but also a tremendous amount of vulnerability.' **Mad Max is available on DVD and Blu-ray from 15 September.**



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COM

Dolce & Gabbana
robe, trousers.
Oliver Peoples
sunglasses.

Opposite: **American**
Apparel bikini

The MODORE of LOVE

In his 50-year career, Lionel Richie has sold over 100 million records and appeared on even more sex playlists. He tells GQ about his highs and lows, as well as the loves of his life – of which there have been more than a few

Words by Chris Ayres
Photographs by Gavin Bond

It's mid-afternoon in Beverly Hills and Lionel Richie is padding around his Venetian-plastered mansion, drinking his breakfast through a straw. 'It's a chocolate cleanse smoothie,' he explains, firing out the 'ch' like it's from a machine gun. 'I don't recommend you try one, or this could be a very short interview... How about a coffee?'

Being a quarter-of-a-century Richie's junior, of course, you would have thought that if one of us were going to be worrying about the other's bowels, it would be me, not him. But at the age of 65, Richie is a one-man rebuttal of the laws of human biology. Indeed, he is one of those celebrities whose eighties' image has dated so badly – try re-watching the 'Hello' video with a straight face – he now resembles a younger version of himself. The wet perm mullet is long gone, replaced by a shorter, jazzier 'fro. There's a soul patch keeping his moustache company. And the Bill Cosby-esque jumpers and billowing trousers of 'Dancing On The Ceiling' vintage have been abandoned in favour of jeans and a white polo. Most impressively: with a Glastonbury slot, a sellout tour complete and an appearance at the Brit awards, the singer is as busy now as he's ever been.

The estimated \$200 million that Richie has made during his career has helped slow the passage of time. As, presumably, has the company of his striking Swiss-Chinese girlfriend, Lisa Parigi, who almost certainly wasn't alive when her boyfriend had his first number-one record ('Slippery When Wet') with The Commodores, formed in Tuskegee, Alabama, in 1968. Which brings us to the reason for our meeting today. We are here to discuss, well... how can I put this exactly?

The number.

Let's just say it has been 50 years since Richie first went on the road, and that his style of music – the space-age porno-funk jam of 'Brick House', the ecstatic pant before the guitar solo in 'Easy', the medallion-man bragging of 'All Night Long' – is conducive to a certain... mood in the bedroom. And let's also state for the record that Richie's feats in this realm are known to be nothing short of Olympian. Indeed, while anyone's 'number' is impossible to verify, it is believed that Richie's >>

lifetime bed-notch is larger than the 1 000 claimed by his neighbour Hugh Hefner, and beyond even Mick Jagger's rumoured 4 000. One school of thought puts the man who asked the world's females 'Is it me you're looking for?' (answer: yes) somewhere between Warren Beatty's alleged 12 775 (disputed by the actor himself) and Fidel Castro's implausible 35 000. Absurd? Perhaps.

While coy on the specifics, Richie doesn't argue that whatever the number is, it's big. 'When the touring started,' he recalls, of his time with The Commodores, 'we knew we were gonna do a hundred shows in as many cities, maybe more, in a year. So we decided: we're gonna make love to every girl in the world. That was our mission statement.'

And did he keep score?

'No, no, no,' he protests. Then: 'I mean... we all kept score, yeah. We were college guys, so we liked stats. And when you start out, it's madness: there's one in the morning, one in the afternoon, one in the evening. It's great. You're killing it. But all of a sudden you get to the fifth show and you're, like: everybody get out of my room! You can't do it. I don't care whether you're 19 and sexually possessed - you can't do that and put on high-heeled boots and run across the stage every night. That's why drugs became so inviting: because you get a hit of this, and it gives you the stamina. But how long does it last? And then you're in rehab, and what kind of bullshit is that? Or you're falling down on stage and passing out halfway through the show.'



While Richie doesn't pretend that he now lives like a monk - 'I'm in the love seduction business' - he insists that easy-like-Sunday-morning period was brought to a fairly swift end

'It wasn't the sex and it wasn't the drugs,' he clarifies. 'It was... babies. Holy shit! The first time you get that phone call when someone says... hey, guess what? That's called fear, shock and awe. That's when I realised the gun was loaded, you know what I'm saying? You start hearing stories from guys in other bands of 'I went to Philadelphia to meet my kid', 'I went to New York to meet my kid.' That puts the fear into the heart of any 19- or 20-year-old. A lot of guys didn't care. But fortunately enough, The Commodores had a different standard there. We had some basic ground rules. As much as I would love to think we were dangerous we weren't as dangerous as the dangerous guys. We were Ivy League funksters as opposed to the hard core.'

Just driving through the portcullis-like gates of Richie's home and into the circular motor court, with its fountain and olive trees, starts to put you in a certain frame of mind. Once inside, soft rock and heavy fragrance waft through marble corridors. There are orchids and roses on every table; photographs of Richie with the Obamas... Richie with Nelson Mandela... Richie with Michael Jackson... Richie with a young Leonardo DiCaprio.

And then... woah: it's the inner-inner sanctum, with its golden chairs, purple-felt pool table, and a gleaming grand piano with a bust of the civil rights activist Malcolm X placed on the lid.

'As I walked on stage, a girl screamed, "Sing it, baby!" No girl had ever screamed because of me. That was my sexy revelation'

In addition to his musical talents, the man is an economics graduate, a one-time tennis prodigy, an entertainer of dignitaries and dictators (most notoriously Colonel Gaddafi of Libya) and a private-jetter who has visited pretty much every country on earth. As such, he can riff effortlessly on any subject you choose, from political science to interior design and the importance of lotion in everyday grooming rituals. Richie himself admits that the 'number' - whatever it may be - couldn't have been reached without formidable conversational skills.

'The actual act is about 12, maybe 15 minutes, max,' he explains. 'You've gotta have the other thing. You've gotta have a bit of swag. It's about your humour, being enjoyable company... it's all of that.'



In the beginning, of course, Richie had none of 'all that'. Growing up in segregated Tuskegee, Alabama, 'Little Richie' (as he was then known) was by definition a second-class citizen. Richie's family were Episcopalians who lived on the campus of the all-black Tuskegee Institute university. His grandmother was a classical pianist. His father did top-secret weapons advisory work for the Department of Defense. At school, meanwhile, the teachers complained that 'the problem with Lionel is that he's too sensitive'. They

also found it strange that Richie could barely read aloud in class but at the same time was a speed-reading champion. The truth was that he has ADHD.

Things didn't improve when Richie moved to Joliet, Illinois, where his dad got a job at a bomb factory. The Vietnam War was intensifying and Richie Sr would disappear for days at a time on classified missions or on trips to see defence chiefs in Washington. Richie just thought his dad was working late. As for his efforts to get a girlfriend: a dismal failure.

'There's a reason I wrote, "Hello,"' he likes to joke. 'Girls were not looking for me. They were looking for a jock... but I was too slow to run track, too small for football and too short to play basketball.'

Then Vietnam intervened. 'My dad came to me one day and said, very simply, "I want you in college - now,"' recalls Richie. 'He told me they were going to draft any minute and you have to be in college to miss that draft. I said to him, "I thought you were all about duty and service?" and he replied, "Not in this one."'

Richie returned to Alabama and enrolled at the Tuskegee Institute, where the older students would force 'freshmen' to enter a talent contest as part of a hazing ritual - during which they'd throw water balloons at the stage. Richie, who intended to become a priest if he couldn't make it as a professional tennis player, elected to recite a musical number with some friends.

'It was a defining moment in my life,' he says, because as I walked on stage, some girl in the front row screamed and went, "Sing it, baby!" Until that point, no girl has ever screamed because Lionel Richie was in front of her. And I thought to myself, I don't know what kind of business this is, but I'm staying right here as long as I can. That was my sexy revelation, if you will.'



Richie and his friends eventually formed The Commodores, a six-piece cover band. They gigged at campus bars in the winters and moved to New York during the summers to play the Harlem club circuit.

Soon they were signed by Atlantic - but got fired just as quickly when they couldn't produce an album. That's when Motown came looking for a support act for The Jackson 5, the first black group in history with a white following.

By 1971, The Commodores were touring the US with prepubescent Michael Jackson and his family. Unusually, the band didn't move out of their hometown, even when Motown gave them a longer-term deal. And they almost got fired again by turning



**'We decided:
we're gonna make love
to every girl in the
world. That was our
mission statement'**

Moschino jacket.
Prada shirt.
Dior jeans

down every song the label gave them. 'We found ourselves insulting the Motown machine by saying we're not The Temptations, we're The Commodores,' explains Richie. 'Then we realised that if we were going to do this, we were going to have to write the stuff ourselves. But I'm an economics graduate, what did I know about writing a song? Well... when you've got Marvin Gaye in the next studio over and Smoke Robinson right down the hall, it doesn't take long to start learning this stuff – and by the way, when you hang in their studios, you also find out... wait! You guys can't read or write music either? *Really?* So it was kind of like permission to break the rules. That's when the bell went off.'

And lo, the funk was born.

The Commodores' first single was 'Machine Gun', a grinding, clarinet-based instrumental with a thoroughly obscene synthesizer lead (later to become the theme of Dirk Diggler in *Boogie Nights*). 'Funk is the sexiest stuff you ever want to hear,' marvels Richie. 'Even to this day. All

they're doing right now, they put rap on top of the funk. Or they put Katy Perry on top of the funk. It's different, but not by much. And I love it, because it's an animalistic thing. You just put your helmet on and you get right on in there.'

The tour to promote the first album, also called *Machine Gun*, was all you would expect of six young men from Alabama with silver-spandex jumpsuits, massive afros and more weed than a Mexican cartel. 'I remember calling my mom on the phone saying, 'I gotta problem. Everything y'all said isn't gonna be good for me... I'm having a ball doing it!'' says Richie. 'We'd play a show, run back to the hotel, get there at 11pm, leave a sign by the elevator saying "Party on floor 15" and then at 11.15pm you'd walk out of your room into the hallway, and from one end to the other, there'd be nothing but girls who were literally devoted to your thing. I mean, they were into everything we did. Holy crap! That was the beginning of "Okay, well, I think I can do this for the rest of my life."'

By the late seventies, the novelty of the excess had started to wear off. 'We'd get to the Holiday Inn and have to put up a \$100 000 deposit to check in, because Led Zeppelin just left and threw all of the televisions into the pool,' complains Richie. 'That's when it got rough, because if you're a band like The Commodores, you don't have \$100 000.' He adds that a black band had to play by different rules.

Likewise, drugs soon lost their appeal.

Says Richie, 'My big drugs thing was that I went to New York and this guy said to me, "Do you want to try some coke?" And I said, "Yeah, man, I heard about it, let me try it." He said, "Okay, give me \$600." And I said... no. That was the beginning of the end of my coke thing. And my downfall with weed was that I couldn't sing and smoke. It just messed up my vocal cords. Even cigarettes, it didn't make any difference. It gave me this crackle in my voice and made me sound like I was on helium.' >>



'I'm a hopeless romantic. I was always the guy, when a girl said, "I love you," my answer was not, "So do you want to screw me?" – my answer was, "Really? You like... me?" I think those kind of words worked for women'

As ludicrous as it may sound, Richie got married amid all this, to his college girlfriend, Brenda Harvey. The relationship lasted into the eighties, when Richie began solo work, writing 'Lady' for Kenny Rogers and releasing a duet, 'Endless Love', with Diana Ross. It was 1982 when Richie finally left The Commodores to release his first album. A year later, he and Brenda adopted a daughter, Nicole, from a friend, thought to be the percussionist Peter Escovedo, whose sister is Prince's ex-drummer Sheila E.

The Richies' marriage imploded, meanwhile, when Brenda caught her husband cheating with a dancer, Diane Alexander, whom he'd met at a closing ceremony of the 1984 Olympics in LA. It was an ugly scene: Brenda broke into Alexander's Beverly Hills apartment just after 2am, proceeded to drop-kick Richie in the 'stomach area' (this according to the police report) and then smash up all the furniture and set upon her love rival.

By then, Richie had released his second and third solo albums, *Can't Slow Down* and *Dancing On The Ceiling*, which has put him into the same 100-million-selling league as Prince, Phil Collins, Madonna,

Dire Straits, Bon Jovi and Michael Jackson. Richie and Alexander went on to marry and have two children, Miles and Sofia, but they divorced in 2004.




As for Richie's decision to renounce his funkster status to become a love balladeer, he views it as natural progression.

"There was no calculation there," he insists. "I'm a hopeless romantic. I was always the guy, when a girl said, "I love you," my answer was not, "So do you want to screw me?" – my answer was, "Really? You like... me?" And I think those kind of words worked for women, because it's what they wanted every guy to say."

You get the sense he's unlikely to commit again, however. "Let me put you on the stage, and there's 30 000 people out there and 22 000 of them are women," he says, in a voice low with awe. "You didn't see that? And, by the way, she took her top off... I'm telling you: it's ridiculous. Now let's change the equation even more. That's not just Atlanta. That's every city in America... Europe... Asia. Wait a minute! The thing about it is, you can't say beauty is

something you used to observe. You can't be a love song writer, a hopeless romantic, and say you gave it up when you turned 50. The only reason football players don't continue to play is because they can't."

Then again, Richie says he gets the most pleasure these days from stories of how he helped get other people laid. And there are millions of them. This is the 'number' of which he's most proud. As he puts it: "You can start out listening to gangster rap, you can start out with hard rock, you can start out being in prison, or in college... it doesn't matter. Sooner or later, you're going to have to say three corny, crappy, sappy words: I love you. To somebody. And I gotcha! You understand me?"

Richie grins. "Y'know something?" he confides, "I get more compliments from men than women. Guys use one word: thanks. "The greatest times of my life, Lionel, you were right there, baby." Or, "Hey, Lionel – I've made love to you many times." And I'm, like, "That's a lie. I've never touched your ass in my life!" It's the simplicity of the songs, I think, that works. A guy once came up to me and said, "Hey, you wrote 'We Are The World'? You should have called it 'I Populated The World.'" 



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KEEP YOUR THREAD IN THE GAME

Grown-up denim
for the calm and
collected man

PHOTOGRAPHER

Travys Owen

FASHION DIRECTOR

Michael Beaumont Cooper



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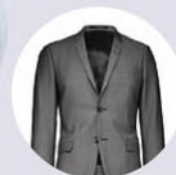
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Kevin Carrigan
on the future
of fashion

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Suit style:
lighten up

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The latest from
Dolce & Gabbana

G-Star Raw jacket
R3 699. **Replay**
denim shirt R2 500.
Levi's jeans R999



Looking for a clean start this spring? Take a break from all the noisy adolescent denim out there. Your indigo threads don't have to reference every trend or subculture on Earth in order to be edgy. Pick simple, smart or modern cuts for a more refined take on denim and we promise, you'll turn more heads (or at least the right ones).

Tiger of Sweden blazer R4 699. **Calvin Klein** shirt R1 499. **Topman** jeans R749, tie R169. **Replay** belt R1 700. **Fromanteel** at Label Orange watch R7 799

Two men are shown from the back, facing each other. They are wearing black leather jackets and dark, heavily distressed denim jeans. They are also wearing black leather boots with tan soles. The background is a plain, light-colored wall.

It's not only rugged men that wear denim.

What's more, just because your jeans are torn or distressed doesn't mean you're going to end up making a grunge statement either. Don't let the style wear you. You can look smart in distressed denim, but you need to counterbalance the 'edginess' of the textile with hard lines, clean surfaces and formal details.

A carefully groomed face and a slick 'do will go a long way, too

Tiger of Sweden
leather jacket
R13 299. **G-Star Raw**
jeans R2 299. **Icon**
Brand at South to
South rings NYC
Subway Token ring
R180, skull ring R100.
Clarks shoes R2 190

Pay more attention to texture.

Try pairing industrial washes and slightly rougher denims with tweeds and other coarse textiles to make the whole look feel a bit more advanced.

House of Monatic
coat R2 500. **Levi's**
denim shirt R799



In terms of shirting, don't shy away from denim. A light wash or a subtle print can add interest without going too 'trendy', which will help you maintain your youthful appearance without losing your sense of decorum.

Left: **Replay** shirt R2 500. **Diesel** jeans R2 999. **Replay** belt R1 200. **Fromanteel** at Label Orange watch R6 299

Right: **Wrangler** at Stuttafords jacket R949. **St Goliath** at South to South vest R780. **Topman** T-shirt R149, trousers R1 099. **Replay** belt R1 450

Moving into the warmer months,

the look is still snug, but with a lighter weight of denim and with far fewer layers. Go for a classic pairing of items, as these will help simplify your style.

Levi's sweater R899.
G-Star Raw jeans
R2 299. **Replay**
shoes R3 700



Eliminate excess.

Dial back on the slogans,
ditch the belt and drop
the socks. Your skin is
coming out to play.

Calvin Klein

T-shirt R1 500,
jeans R1 999. **Clarks**
brogues R2 390



You need some sole... chunky soles.

We're going for a bit of a Hedi Slimane homage here, so the shoe - while on the smarter side - needs a bit of an indie twist. Rather than going for Dr Martens, which would read a bit too punk, a chunky oxford or low ankle boot will do. As for the whole style, we're keeping things streamlined (not skinny), but with a few serious, shady undertones.

GQ

Craig Port henley R299. **Calvin Klein** jeans R2 999. **Clarks** brogues R2 390



Go behind the scenes for more ways to wear denim on GQ.co.za

Photographer **Travys Owen/One League** Fashion Assistant **Lay-lah Salie** Fashion intern **Nicky Damata, Arhan Lindoor, Stacey September** Groomer **Dale Titus/ One League** Photographer's assistant **Cass Collett** Videographer **Liam Drake** Model **Tiaan Kotze** at **Boss Models** Shot at **Big Time Studios**

Pull it off

Your style is on point - but why the long face? #EndShaveFace

Words by **Paul Sephton**

Photographs by **Byron L Keulemans**

More blazer
Suitsupply
waistcoat. **Trenery**
shirt. **Tiger of**
Sweden chinos.
Trenery tie.
Anton Fabi shoes

Pivotal style

Your accessories have style and flexibility – so should your razor



↑
The watch
Tag Heuer



↑
The tie
Cravateur



↑
**Gillette Fusion
ProGlide Power
Blades 8s R499**



↑
**Gillette Fusion
ProGlide with
FlexBall™
Technology Power
1Up R159.99**



↑
The Hat
Pringle of Scotland



↑
The socks
CR7



↑
The lapel pin
MJ Collection



↑
The sunglasses
Balenciaga



↑
The tie clip
MJ Collection



↑
The satchel
Ted Baker

**Farewell,
shave face.**

Successful men know that style and grooming from head to toe is imperative, but don't let shave face ruin your look. Introducing the **new Gillette Fusion ProGlide razor with FlexBall™ technology.** No more pulling weird faces to shave awkward places because, with its new pivoting head, the razor can hug every curve and contour of your face, shaving virtually every hair. This is your essential sidekick to looking sharp. **#EndShaveFace**

From left: Sean wears **Suitsupply** blazer. **Tiger of Sweden** shirt. **Scotch & Soda** jeans. **Trenery** tie. **Carvela** at Spitz loafers

Dominic wears **Suitsupply** blazer, waistcoat. **Country Road** shirt. **Tiger of Sweden** trousers. **Trenery** tie. **Anton Fabi** shoes

Get serious

Time to up the ante on your grooming routine with **Gillette's Fusion ProGlide razor with FlexBall™ technology.** The head pivots so it can navigate the tricky contours of your face - **for the best shave yet.**

Say goodbye to shave face and hello to conquering your day, the elegant way.

#EndShaveFace

Suitsupply
blazer, waistcoat.
Woolworths shirt.
Suitsupply
denim trousers.
Trenery tie

PROFILE

The man behind the brand

Calvin Klein's global creative director, **Kevin Carrigan**, on the evolution of men's style and the new celebrity culture

Words by Jason Alexander Basson

Since Marky Mark's iconic takeover of the brand's underwear in 1992, Calvin Klein has found itself at the crossroads of celebrity and fashion culture. Men's underwear became popular and, not long after that, male fashion as a whole was looked at in a new light. As the global creative director of Calvin Klein, Kevin Carrigan has something to say about how today's famous faces have us thinking about style now.



GQ: The #MyCalvins campaign features a broad spectrum of personalities, many of whom aren't your typical fashion models. Why is that? What does this say about the climate in fashion right now?

Kevin Carrigan: We've definitely made a move towards celebrating the ambition of this generation, as they are the driving force behind social media. Fashion, today, is definitely less about the sexy body and more about how we live, who we are and the things that make us feel sexy. With #MyCalvins we stepped out into the community, to where these voices are, so that they could show us how they choose to express themselves through the product, rather than us telling them how we think they should be doing it. It's more a celebration of the real time than the 'staged moment'. This is definitely the way forward for us and it's how design will keep its relevance in the coming age – by celebrating the community's voice and their individual expressions of identity through the medium of fashion.

GQ: Other than reach and influence, what distinguishes these voices?

KC: People want a voice that they can truly connect to. It's not only about aspiration anymore. The way we consume content has also become a lot more personal. Perhaps this is most obvious when you look at Kate Moss and Kendall Jenner together. Kate hasn't really done that many interviews in her life, but her pictures tell an incredible story, which was primarily how consumers related to the brand. The world of fashion has since diversified the way it tells stories. Kendall, on the other hand, has a prominent voice in the digital sphere that allows her



audience to connect and interact with her. It's a quicker, more direct and more tangible form of communication.

GQ: I suppose that was part of the reasoning for using Justin Bieber for the face of the Calvin Klein Jeans testimonial that ran alongside the campaign?

KC: Justin was definitely a strategic move. The campaign was an homage to Marky Mark, who is part of our brand heritage, but I suppose we also think that jeans should always be associated with music and that nonchalant 'cool factor' that certain musicians possess. The connection was an obvious one for us, but the timing with Justin was also spot on. Justin famously wears a lot of our underwear in public, so you can sort of tell that he's been angling to do a campaign with us. His agent actually contacted us about it. At the time he was going through a transitional phase, repositioning himself as a young man and not a boy. He wanted to send out a big statement. Of course Calvin Klein is no stranger to provocation in the media, so we said yes.

GQ: Is it really still possible to be provocative today?

KC: I think that the concept of provocation is changing. Our first Kendall Jenner campaign was dropped out of season in May, during sale time. This defied all logic, but then again why not? It did well because the product was relevant, it was a cool concept, and it was communicated in a new way. Provocation certainly doesn't take the same shape as it used to, but it's still possible.

GQ: How can we see the future reflected in Calvin Klein clothing?

KC: In the technology we are using to make our garments. Think of me as a DJ. I oversee so many lines, which makes it possible for me to push and cross-pollinate fabric and design technology in areas that most wouldn't think possible. I get to sample from the different lines – from performance, athletic wear, denim or ready-to-wear – to create crossover techniques. You see it in our new line of 'infinite black' unisex jeans, which can be washed 30 times and still stay infinite black. It's product innovation through technological advancement, but also innovation through new ways of looking at our lifestyle needs and, of course, the unconventional ways of rolling this information out through the media.

GQ: You mentioned lifestyle. What do men want from their clothing today that's different from the past? >>

KC: We've always been habitual men of functionality. We all want to be fashionable and cool, but today men also need to look sexy. Interestingly, we've seen a phenomenal growth in our underwear sales, and as such we now cater for every occasion, in a vast array of shapes, styles, print and colour. This shows us that men are enjoying having variety, that they have become more confident and that there's a real acceptance of fashion.

We've also seen a major blending of lifestyles in menswear. Whether he's going to the gym, going on a date or heading to the club, a man wants to look cool, smart and effortless. A man also needs to be able to transition seamlessly from one space to another, which certainly accounts for a lot of this lifestyle blending we've seen.

Men never used to think about splitting a suit and matching high and low fashion, but now it's commonplace to see a man walking around with jeans and a blazer. The whole 'athleisure' movement, for instance, where sport has blended with formal, is just another really cool example. Men are enjoying having their eyes opened to fashion.

GQ: You were once quoted as saying 'To create, one has to question everything in life.' What questions does your work ask of the world right now?

KC: I'm questioning how the world is changing, because it's changing so fast. I'm questioning the notion of producing seasonal collections and the possibility of creating capsules that can be shared more frequently. Fashion isn't going to be designed or marketed in traditional ways ever again, so I suppose everything that I've been working on for the last two years, which is all coming to fruition now, really highlights how technology and social media are going to be fundamental to the way we think about fashion in the future.

GQ: So how does the future look from your perspective?

KC: Technology is going to revolutionise the clothing industry in the next five years, specifically in terms of how we partner technology with fibre. This is so important. It's not just about wearable tech, but about how technology is physically built into the fibre. Fashion is also losing its top-down approach. We'll be seeing more curation with the consumer (not just celebrity), resulting in a greater influence in the design of clothing from a consumer perspective and, of course, more in the way of customisation. Fashion is becoming truly democratic and I think the success of the #MyCalvins campaign is a testimony to that. **GQ**

'Whether he's going to the gym, on a date or to the club, men want to look cool, smart and effortless. It's lifestyle blending – men enjoy having variety'

– Kevin Carrigan



LIGHTWEIGHT CHAMPION

Words by Jason Alexander Basson
Photographs by Nathaniel Goldberg

With the new season in the air and some pep in your step, the only way forward for a man of style such as yourself is a lightweight summer suit. Model-turned-actor **Callum Turner** shows you how to wear the latest styles, with special commentary from GQ's fashion team

The look

We're going for easy, lightweight and uncomplicated. As such, it's all about the single-breasted suit jacket, in one or two buttons. We're still loving slim and tailored, but not skinny.

The only thing skinny is your lapel or tie. The look is also very sharp, so precise (not soft) tailoring is needed in the leg and body. Fold ups and scrunched sleeves belong to the more romantic schools of styling.

We're going for clean cut and modern, so hems and cuffs need to be the exact length. Rules can obviously be broken here, as long as the result is crisp and fresh.

Burberry Prorsum suit. **Hamilton Shirts** shirt. **Charvet** tie. **The Tie Bar** tie bar (worn throughout). pocket square. **South Lane** watch. **Tod's** loafers





Ermenegildo Zegna suit. **Michael Kors** shirt. **Alexander Olch** tie. **Brunello Cucinelli** pocket square. **Uniform Wares** watch. **Louis Vuitton** backpack

The feel

If it was good enough for the ancient Egyptians (who used it in the sweltering heat), it's most certainly going to do the trick in your air-conditioned office. Linen is fairly durable, soft to the touch and even has natural smell- and bacteria-fighting properties. It is also breathable and naturally cooling on the skin, making it the perfect fabric for suits.

South Africa is no stranger to the linen suit, but at long last even the highest of fashion houses have taken this textile on in their designs.



Perry Ellis suit. **Michael Kors** shirt. **Salvatore Piccolo** tie. **Brooks Brothers** pocket square. **New Balance** sneakers

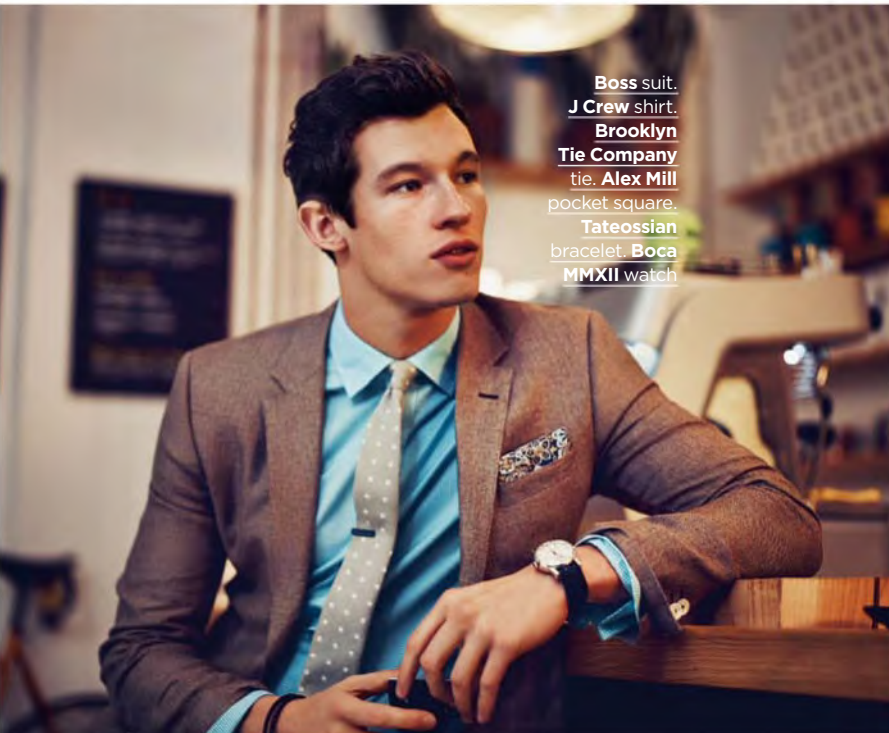


GET THE LOOK

Tiger of Sweden suit R10 999. **TM Lewin** shirt R699. **Timberland** at SDM Eyewear sunglasses R2 000. **Markham** tie R110. **Skagen** at S Keren watch R3 799. **Calvin Klein** belt R899. **Asics** Tiger sneakers R1 599. **Calvin Klein** Backpack R2 199



Giorgio Armani suit. **Thom Browne** New York shirt. **Newman** sunglasses. **Alexander Olch** tie. **Châtelet** tie bar. **Brunello Cucinelli** pocket square



Boss suit.
J Crew shirt.
Brooklyn Tie Company tie. **Alex Mill** pocket square.
Tateossian bracelet. **Boca** MMXII watch



GET THE LOOK

River Island blazer R1 999. **Calvin Klein** shirt R1 999. **Pringle of Scotland** trilby hat R599. **Country road** pocket square R299, tie R549. **Edgars** belt R270

And who's Callum Turner?

The London-based 25-year-old model and actor jumps from Burberry campaigns to literary adaptations. On the docket: *Victor Frankenstein*, in which he'll play the valiant foil to James McAvoy's mad doctor. And he just shot *War and Peace* – he's the czarist playboy Anatole Kuragin – or, as he puts it: 'Basically Justin Bieber, 200 years ago.' – **Lauren Larson**



GET THE LOOK

Tiger of Sweden suit R10 999. **Ted Baker** shirt R1 300. **Country Road** tie R549. **Markham** pocket square (part of set with bowtie) R150. **MJ Collection** tie clip R150. **Raymond Weil** at Picot & Moss watch R16 595

The finishing touch

Add a bit of warmth and life in your wardrobe with a few touches of new-season romance in with the smaller details. The colour palette of your suit is essential and should reflect a softer, more earthy style with some warmer hints in between. A pop of print also works on a pocket square or shirt. If you're feeling more adventurous, try a throwback accessory, like a Havana hat, but make sure it's subtle enough, or at least still part of the 21st century. **GQ**



Michael Bastian suit. **Etro** shirt. **Dolce & Gabbana** tie. **The Tie Bar** pocket square. **Timex** watch. **Walk-Over** shoes. **Barbisio** hat.

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GQ Groomed

Edited by Paul Sephton

Get fresher: Seasonal update: how to shed your winter layer > Should you get a buzzcut?

SPRING BLUES

We talk to **David Gandy** about the latest expression from Dolce & Gabbana, how he prepares for each day, and three fitness routines he swears by

Words by Nkosiyati Khumalo

GQ: What do you expect from a fragrance?
David Gandy: A fragrance is something very personal. I like to wear fragrances, but I vary depending on the mood. In summer I would veer towards a crisp citrus scent; for a special occasion, in winter, or at night I would go for something richer like the Vetiver fragrance from the Dolce and Gabbana Velvet collection.



GQ: How does *Swimming in Lipari* stand out for you within the range? For you, how does it translate a unique feeling?

DG: It's a twist on the classic Light Blue scent, as it's more crisp and fresher. It has a sea-salt accord in the composition, I guess; this is why it reminds me of diving into the water. It is actually my favourite of all the Light Blue Limited Editions.

GQ: *Swimming in Lipari* sounds like the perfect holiday. Have you been?

DG: I have not been yet but from what I heard it is definitely worth a visit. It is said to be great for swimming and the rocky landscapes give you the opportunity to go for long walks to explore.

GQ: As a brand, what does Dolce & Gabbana represent for you?

DG: For me, Dolce & Gabbana is about Sicilian heritage and family. I really believe in the brand and I wouldn't be where I am today without it. Being the face for the Light Blue fragrance kick-started my career so I'm very grateful for everything we've achieved together.

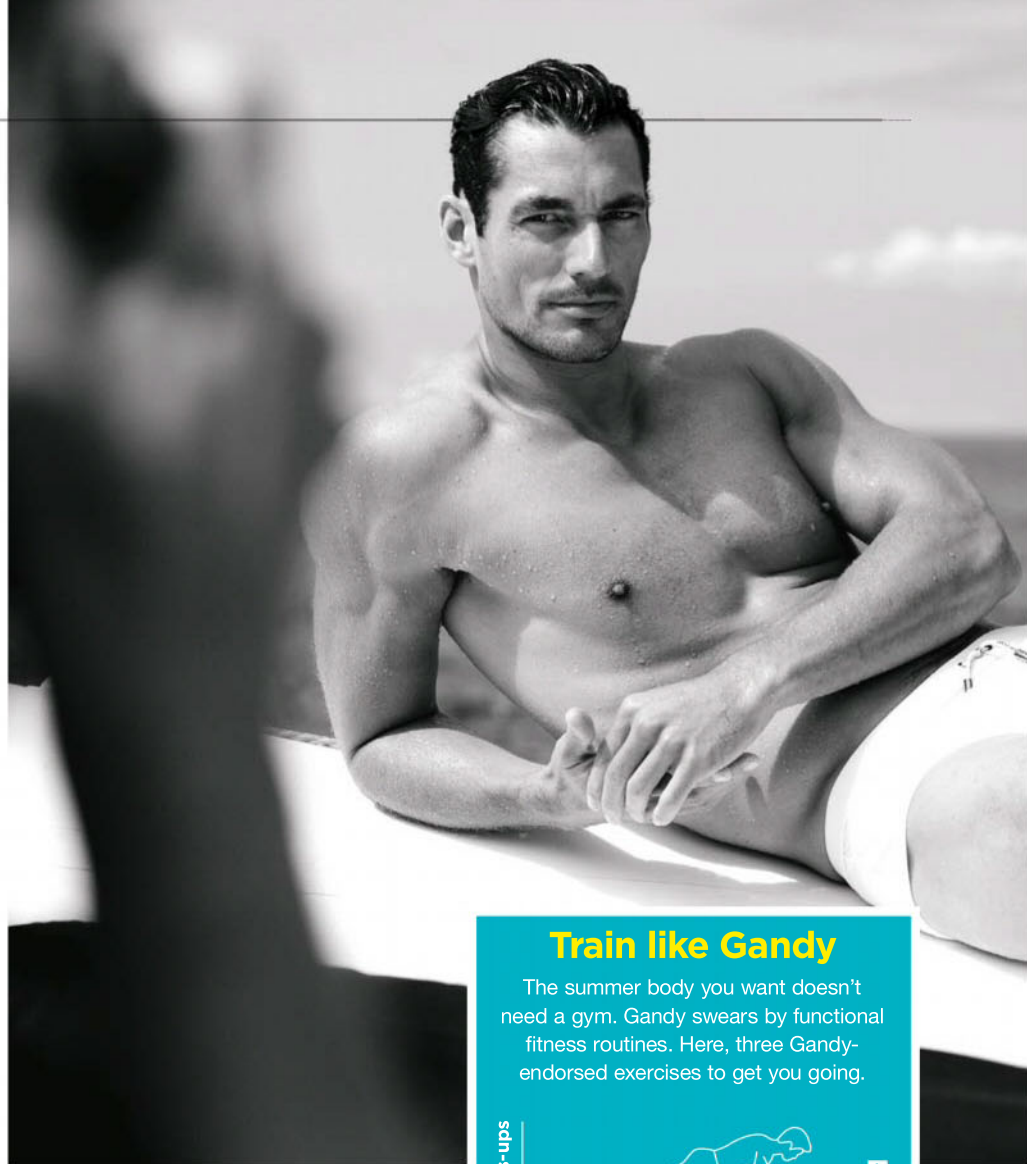
GQ: You have to make hundreds of appearances and be camera-ready pretty much 24/7. How do you prepare?

DG: I start with a coffee. That's pretty much how I start every day. I'm not a morning person. With my routine, I probably spend less time than I should because I like my bed in the morning, so I'm usually up and out, showered and groomed within about 20 minutes. There's a lot of rose oil and moisturiser that I use but nothing too fancy or elaborate. I don't really restrict myself from anything either, though I do tend to avoid processed foods.

GQ: We're moving into the warmer months in South Africa. What do you do to prep for the summer?

DG: I like to have my Light Blue fragrance with me, a moisturiser and some rose oil, plus a good pair of sunglasses. I think in the summer it is nice to wear light colours and light material, like linen, to keep yourself as cool as possible in the heat.

'For me, Dolce & Gabbana is about Sicilian heritage and family. Being the face for the Light Blue fragrance kick started my career so I'm very grateful for everything we've achieved together'

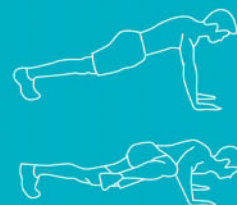


Dolce & Gabbana Light Blue
Swimming in Lipari 125ml R1 205

Train like Gandy

The summer body you want doesn't need a gym. Gandy swears by functional fitness routines. Here, three Gandy-endorsed exercises to get you going.

Spider-man press-ups



1

2

Abdominal roll-outs



1

2

Squat and shoulder presses



1

2

Scrub up

Out with the cold – and in with a new you. It's time to get gritty

WHAT WE'RE ASKING YOU TO DO HERE DOES NOT involve a Zach Braff marathon. Think of it as taking your winter coat off. We're pardoning your lack of exfoliation throughout the last three months but, in order to grant your penance, you're going to have to shed off properly. Full body and face scrubs are in order. Turn off the tap mid-shower (it's warmer now, so you'll survive) and get into it – you'll find it surprisingly enjoyable.

BODY



Jo Malone Vitamin E Body Treatment Scrub 600g R1 050



The Body Shop Wild Argan Oil Rough Scrub 200ml R140



Lush Sea Salt 120g R120

FACE



Dermatologica Daily Microfoliant 75g R850



Clinique for Men Face Scrub 100ml R295



Clarins Men Exfoliating Cleanser 125ml R275



Nivea Men Exfoliating Face Scrub 100ml R55



Esse Microderm Exfoliator 50ml R230



L'Occitane Ultra Rich Face Scrub 100ml R345

Reasons to scrub

1. You're making sure your skin is in as good condition as possible to receive other products like toner and moisturiser.
2. Scrubbing removes dead skin cells to give you a smoother shave, as well as raising your stubble for clean cutting.
3. It also helps to keep your dermis healthy if you have combination or oily skin.



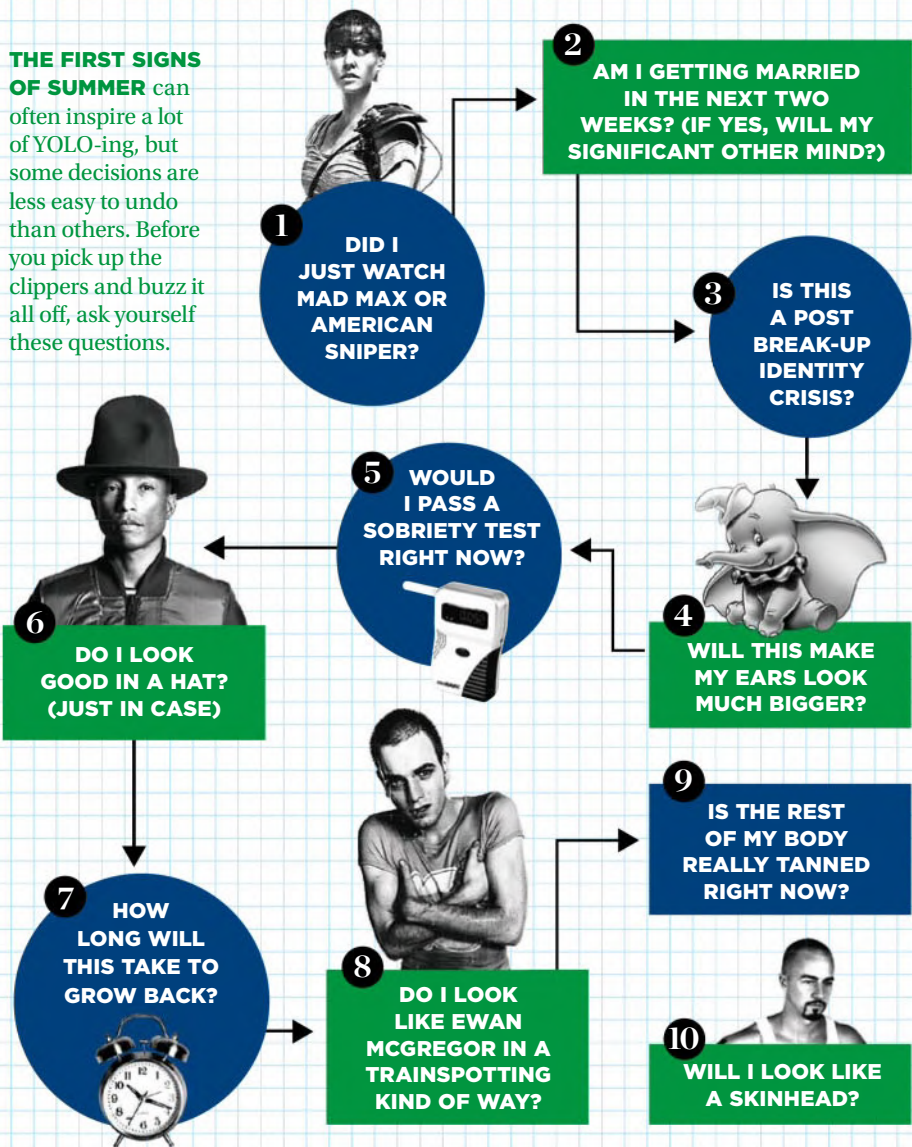
How to

The micro beads in an exfoliator will do their thing with minimal effort exerted, so don't go full Karate Kid waxing on and off until your face is red – it isn't a piece of wood to sand. Lightly scrub in circular motions before rinsing with warm water.

10 things to ask yourself before getting a buzzcut

When using machinery, always exercise caution

THE FIRST SIGNS OF SUMMER can often inspire a lot of YOLO-ing, but some decisions are less easy to undo than others. Before you pick up the clippers and buzz it all off, ask yourself these questions.



Three better options for your spring upgrade



THE UNDERCUT:

The most important thing with an undercut is the disconnection between the top and the sides, so make sure your barber creates a horseshoe sectioning around the top of the head, before using clippers to fade from a 3 down to 0 on the sides. He should also scissor cut the top from short at the back to long at the front.



THE HIGH AND TIGHT:

Lowest setting of clippers fading up to a top cut that is just long enough to work in some pomade or clay.



THE CREW:

A better option than a buzzcut, but still exclusive to the clippers. This super-simple cut fades from short to not-so-short with a higher setting for the top and corners. [GQ](#)

The goods



Paul Mitchell Tea Tree Shaping Cream
Finished with a product-free look, this adds chunks of texture. 85ml R290



L'Oréal Professionnel Tecni Art Deviation Paste
Turn thin to thick – and keep it that way. R322



Wella SP Men Invisible Control Hairspray
Superglue your 'do with this matte-finish secret weapon. 300ml R244



Lipidol is a range of six new oils for daily skincare. Featured product: Lipidol After Shave Oil 100ml. Supplements the skin's natural oily layer stripped away by shaving. Available at selected Clicks stores at the recommended retail price of R79.95. lipidol.com

Food for thought

Are GMOs the solution to world hunger, as Monsanto claims, or a danger to us and the planet? Read our crib sheet on modified foods

Words by **Joseph Epstein**

Dangerous perversions of nature. The solution to the global food shortage. Evil. Genetically modified organisms (GMOs) have been called many things. With the agriculture's increasing reliance on mutant seeds, used in 90 per cent of American maize last year, counteracted by labelling laws in some states, GMOs are now on the tip of our tongue. In South Africa the biotech industry has fought to keep consumers in the dark about GM levels. As with most deeply polarising subjects, the pros and cons are manifold. We asked three authorities to answer this: should we be avoiding GMO food? Here's what they said.

NO. It's safe.

Lee Quarles, public-affairs lead for Monsanto, the agricultural giant whose nearly \$16 billion in 2014 sales included \$10.7 billion in seeds and genetic licenses: 'With decades of testing for government approval, this is the most comprehensively studied food science man has ever seen. And consider this: pharmaceuticals only need FDA approval, but we need FDA, EPA, and USDA.' So why does Monsanto rally against labelling laws? 'There's an absence of demonstrated risk, yet laws imply danger.' While opponents argue that the increased pesticide use GMOs allow for harms the environment, Quarles counters: 'If you shut off the switch and say, "No more GMOs tomorrow," you need

an additional 300 million acres to make up for the crop-yield advantages lost. Farmers need places to tap those acres. Where? Wetlands? Rain forests?'

YES. Be wary, it's dangerous.

Ari LeVaux, syndicated *Flash in the Pan* columnist, who writes regularly about food science: 'It's dangerous when the primary rollout for this kind of wide-reaching technology is done by for-profit industries with a vested interest. It's obnoxious that Monsanto came out against even optional labelling. I don't think companies are hiding anything, but if that's the case, then just let the labelling happen. There's no convincing evidence that anything currently on the market causes health problems in humans, but most of the testing has been

short-term with a regulating framework that doesn't account for unknowns. And products in the pipeline that use DNA from organisms that couldn't otherwise breed are a lot more complicated – there are more chances for things to go wrong.'

Not exactly. But labelling is a good thing.

Dr James Dale of Queensland University of Technology in Australia:

'In 2004, the Bill and Melinda Gates Foundation put out a call to create crops with enhanced micronutrients, like our "golden banana". To date, my team has received close to \$10 million in funding.' The fruit has been engineered for higher levels of vitamin A to combat a deficiency that blinds or kills nearly a million children worldwide annually. 'It's not dissimilar to pharmaceutical companies,' he says. 'Everyone complains about them until they get sick and want the best medicine. But where labels provide important information, I think that is very worthwhile.'

The ten most notorious genetically modified foods of the past two decades

- Maize
- Soy
- Papaya
- Tomatoes
- Potatoes
- Squash
- Zucchini
- Sugar beets
- Alfalfa
- Salmon*

*coming soon

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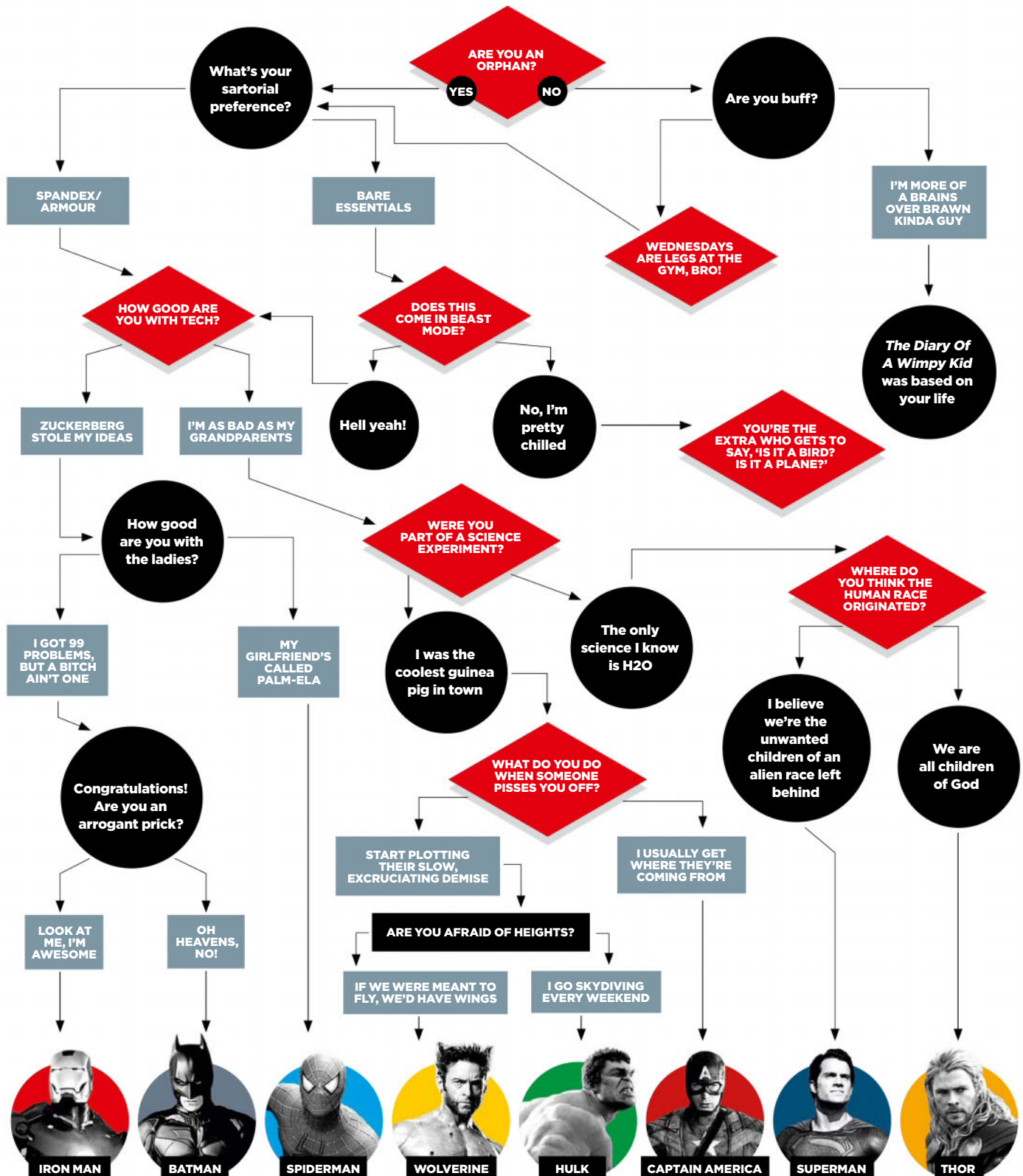
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Which **SUPERHERO** are you?

Do you prefer Spandex or iron? Find your fit

Words by Meryl D'Souza





Innovation
that excites

THE ALL-NEW NISSAN QASHQAI. THE ULTIMATE URBAN EXPERIENCE.

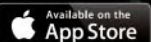
Bold, athletic, proudly provocative, and that's all from just a glimpse. Look even closer and you'll find that the all-new Nissan Qashqai offers more than just head-turning looks. It's brimming with exciting technology too. Such as Around View Monitor, Nissan Chassis Control and Nissan Connect, all seamlessly working together to ensure the ultimate driving experience. That's what driving should feel like.

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